

15th ANNIVERSARY SPECIAL COLLECTORS EDITION

MARCH 2015 www.fhm.com.ph

#fhmaxvmax

## CRITICAL *acclaim*

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## *everyday* HEROES

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DONNIE NIETES  
JUANA CHANGE  
& MORE WHO MAKE  
A DIFFERENCE A STEP  
AT A TIME

*Here's to the future!*

# MAX COLLINS



The Petrol logo is located in the top right corner. It features the word "PETROL" in a bold, blue, sans-serif font, slanted upwards to the right. The text is set against a white background that is framed by a thick red border. The entire logo is contained within a dark blue rectangular area.

**PETROL**

The background of the advertisement shows a young couple running towards the camera on a city street. The woman, on the left, has long brown hair and is wearing a light green short-sleeved crop top and blue jeans. The man, on the right, has short brown hair and a beard, wearing a blue and red plaid shirt with the sleeves rolled up and blue jeans. They are both looking forward with determined expressions. In the background, a multi-story building with many windows is visible under a bright sky.

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Headlight**



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**Premium  
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PREMIUM COLOR  
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**WITH EVERY  
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THE NEW  
RAIDER R 150**



Promo runs from Feb 1 - Apr 30, 2015  
Per DTI IV-A No.:01-017 Series of 2015



New Blue Lens  
Headlight



**RAIDER R150**

**Premium  
Color Debut**

GET **EXCLUSIVE R150  
PREMIUM COLOR  
JACKET**

WITH EVERY  
PURCHASE OF  
THE NEW  
RAIDER R 150



Promo runs from Feb 1 - Apr 30, 2015  
Per DTI IV-A No.:01-017 Series of 2015



Several OPM Legends and Icons from then and now share the stage to perform for the Fusion Fans. (L-R: Mr. Pure Energy Gary V, Bamboo and Sarah, Andrew E, Noel Cabangon)



Our generous partners provided fun activities and freebies on ground.

## CELEBRATING OPM AT FUSION THE 1ST PHILIPPINE MUSIC FESTIVAL PLAY AS ONE

Last January 30, 2015, OPM music fans from all over the metro were treated to the biggest and most star-studded OPM Music Festival at the MOA Concert Grounds. Fusion 2015 brought on stage amazing collaborations and production numbers that has truly started this year's Philippine concert scene with a bang! Here are some of the photos from one of the most epic concerts to date:



Young music artists also added "kilig" to the concert.



Basti Aradi, Yeng Constantino, Joey Ayala, Gloc 9, Andrew E, Sam Concepcion, James Reid and Nadine Lustre performed together in one grand production number to sing Fusion's Music Anthem "Play As One".



The audience made sure to record their Favorite Fusion moment!

The Dawn giving a memorable closing to the concert.

OPM Bands rocked the Fusion stage.

An Initiative of:



Supported by:



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We don't know  
what's in store for  
the future, but what  
we do know is that  
our cover muse is  
going to play a big  
part in it.

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**MAX**  
**COLLINS**

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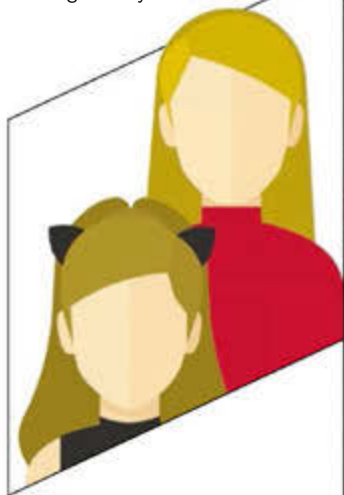
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# GLENDON

## A LACOSTE ESSENTIAL

Inspired by the Riviera, the Lacoste footwear collection for Spring/Summer 2015 brings the brand's sporting heritage straight into the city. Effortlessly blending form and function, the Glendon is reimagined for the season in fine washed twill canvas with silky suede details adding some seasonal texture.

Referencing the brand's longstanding nautical heritage through premium detailing such as round cotton laces and front stitch feature, this casual style offers a contemporary take on a classic summer staple. Adapted for an urban lifestyle, the vibrant colour palette make this sneaker a go-to style for this season – perfectly complementing any summer holiday look.



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## NO ONE REALLY GETS OLD HERE AT FHM.

Today, the average age of all of us on the team stands at 29, exactly how old I was at the time of my hiring as managing editor in August 1999. Back then, we hardly entertained thoughts of lasting this long, much less becoming one of the most popular magazines in the land. We just worked and took the blows that came with our little successes and magnified notoriety along the way. We're still standing because we never really lost the capacity to laugh at everything, including our mistakes. That fuels us to look ahead into the future, embrace reinvention, and take on fresh challenges to be sexy, funny, useful, and relevant in these ever viral times. That's our big anti-aging secret, plainly put; you don't need the full backing of science to understand that. Just look at these old pictures and think young. Then savor the wealth of experience that went into making this epic issue you're now holding in your hands. Happy 15th Anniversary to all of us!

*Allan*

**Allan A. Madrilesjos,**  
Team Editor

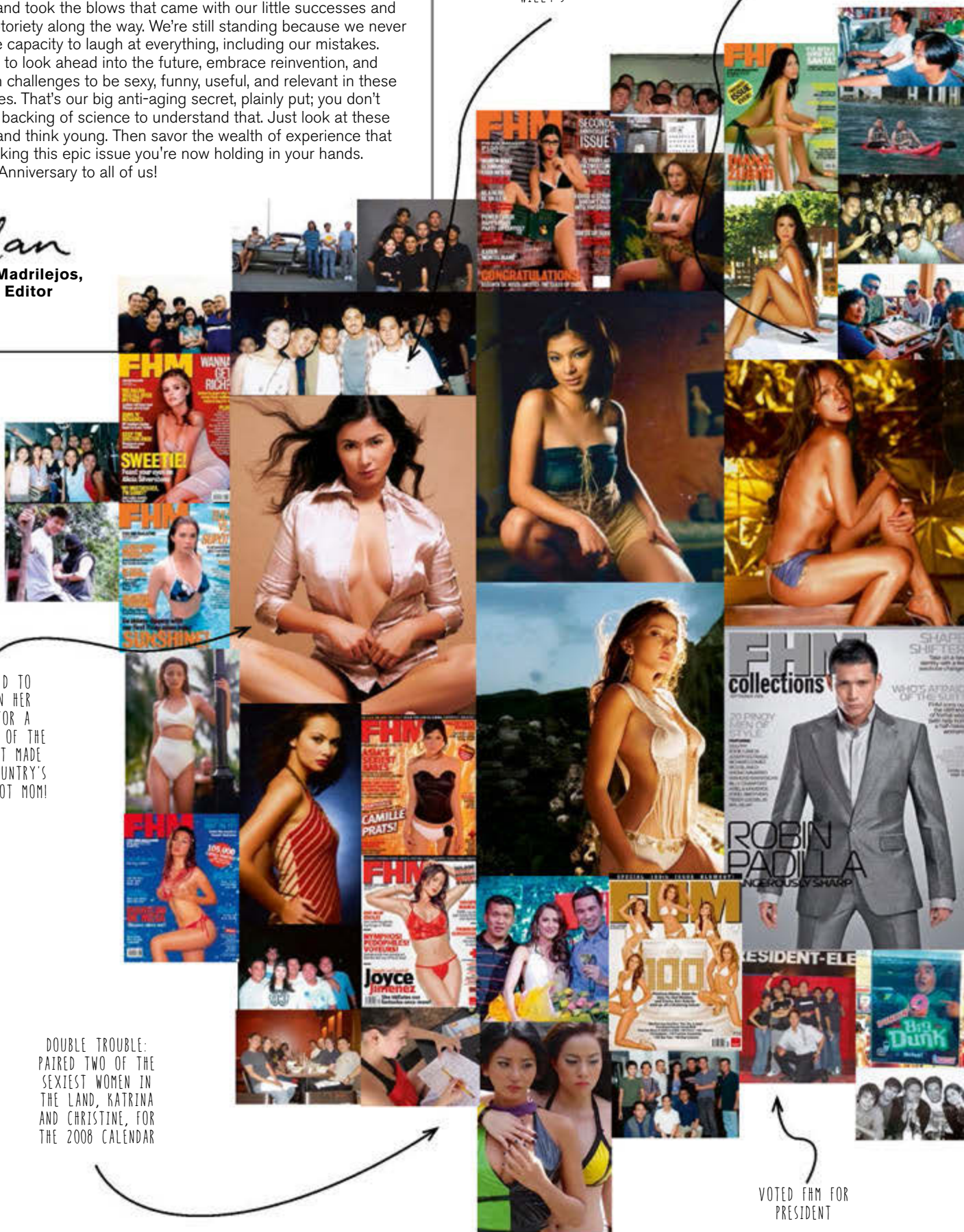
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LOOSEST POLOS AND  
PARTIED AT THE FHM  
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PLAYED COUNTLESS  
GAMES OF SCRABBLE  
DURING EDITORIAL  
PLANNINGS

GOT MS. D TO  
UNBUTTON HER  
BLOUSE FOR A  
SNEAK PEEK OF THE  
GOODS THAT MADE  
HER THE COUNTRY'S  
ORIGINAL HOT MOM!

DOUBLE TROUBLE:  
PAIRED TWO OF THE  
SEXIEST WOMEN IN  
THE LAND, KATRINA  
AND CHRISTINE, FOR  
THE 2008 CALENDAR

VOTED FHM FOR  
PRESIDENT



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THE LATE, GREAT KING OF COMEDY SHOWED US WHY, COMPARED TO HIS BRAND OF GENIUS, WE'RE ALL JUST A BUNCH OF BIRDBRAINS

THINGS GOT WEIRD AS WE CELEBRATED THE FIRST EVER FHM HALLOWEEN BALL

ALICE DIXSON'S NOTORIOUS 100 SEXIEST VICTORY PARTY WARDROBE MALFUNCTION GOES VIRAL



THREE-TIME WINNER OF SEXIEST IN THE LAND

NOW WE'RE HERE

YOU KNOW THE RAG IS DOING WELL WHEN YOU HAVE YOUR TEAM PLANNING IN THE SUNNY ISLAND OF BORACAY!

MADE IT TO THE BBC C/O OF MARCH 2012 COVER-GIRL BELA PADILLA, ALBEIT FOR ALL THE WRONG REASONS



# BEST OF LETTERS TO THE EDITOR

**A decade and a half ago**, we here at the *FHM* HQ were fortunate enough to receive actual letters from you guys—you know, the kind with actual stamps and sent from an actual nondescript post office somewhere in Pandacan. We were thrilled to have them, of course, even when a number of these missives reeked of disdain and vitriol over stuff ranging from our legendary lame captions to our filthy disregard for and indifference to the conventions of so-called polite, morally upright behavior. As the years got more wired, we met readers of less self-righteous bent, aware and secure of their place in the 21st century. In them, we gained cheerleaders, defenders, friends. They shared with us not only their love of *FHM* and their unique experiences with it, but also their most precious life moments, happy or otherwise. We commemorate here the trippiest of the bunch. Thank you all for keeping us crazy and sane after all these years.

## SUPER SOLDIERS



*Onward march they always go, staving off threats to humanity and the world. FHM, they tell us, brings them laughter and comfort, reminding them of home. Hooray for these brave warriors for peace!*

### WE ROCKED IRAQ

Here's how *FHM* inspired Pinoy in support of Operation Enduring/Iraqi Freedom. During the war, we barely closed our eyes to relieve our fatigue. Scud alarms broke the silence of our rest. We ran like rats seeking safety as though an army of cats arrived on the scene. Panting, sweating, adrenaline pumping, the dread of death crossed our mind.

After two months of struggle, the first copy of *FHM* arrived. I shared it with my fellow comrades and we all drooled together staring at the hottest women on earth—Pinays. It energized our inner spirit, and we became inspired with one goal: "Uwi sa Pinas" after the war.

We are the Fil-Am members of the US Navy Seabees who helped liberate the Iraqis during Operation Iraqi Freedom. We were glad to have your magazine. We, the Finest Engineering Battalion with high spirit of 'Can Do' attitude, salute *FHM*! — **Alan D. Reyes, US Navy (Oct 2003)**

### A HIT IN MINDANAO

Last July 2006, we had a combat operation in the mountainous part Sulu, seizing an Abu Sayyaf camp. While searching the area, our team leader informed me that the camp was totally abandoned and that they have recovered ammo, bomb-making materials, and some important documents. When they brought these things to me, I was very surprised to see a copy of *FHM*, which a *mistah* found in one of the gang's huts—the June 2006 issue with Camille Prats and Rica Peralejo. Damn, they were more updated than I was! Your magazine is really everywhere—I can't believe even those crazy terrorists read it!

\*\*\*

*FHM* is a way of life for us here [in Basilan]. You've contributed in lifting the morale of our troops, especially those assigned in the more isolated parts of Mindanao. **Ken Alte (February 2007 and February 2010)**



## HOW DO YOU SOLVE A PROBLEM LIKE ANGELA VELEZ?

Mathematically, she has that parabolic symbol of perfection:  $y^2 = -4ax$ ,  $y^2 = 4ax$ , with 24" at the vertex (as an electrical engineer, she knows this formula). — **An Admiring Lawyer, April 2001**

### TRIUMPHANT!

I want to thank you because you made me win our school's spelling competition. The three words that I spelled right were CONNOISSEUR, BOULLABAISSSE, & BOUDOIR, which I had read in *FHM*. Please use more difficult words in your features." — **Vonjo, November 2003**

## Dropping Rhymes

*People have pleaded with us to devote a regular page or two to poetry. We rejected the idea simply because it wasn't our thing. And yet this guy insisted...*



### BEAUTY (A POEM FOR MAUI TAYLOR)

**By Gerwinne**

As the sun embarks its sunlight upon the plane/ your beauty begins to explicate its charm/ Like a flower spreading its blush in the horizon/ unfolding its splendor to rays of brilliance/ You're not bothered even if the sun fades out brilliance/ even the strongest wind flounder in your stance/ You move so mellow without making any blare/ like clouds in the sky/ dancing to the tune of the wind/ When the day ends, darkness conceals the realm/ perfect time to reveal the mystery of your sentiment/ No one knows the sanity behind your mourning/ you remain silent in the glamorous surrounding/ Many tried to understand the veracity within you/ but they failed to reveal, even a single smile/ For you're as mysterious as the water in the river/ flowing silently, without any insurrections (June 2002)

## SPILLS TROUBLE



### Je je je!

"Ur mag's d bomb. Jst ryt on track. Junk ol dos sheto craps around. *FHM* scores buckets. Kip it up." — **Gerald, July 2001**

### INSEPARABLE

"Mahal na mahal ko ang mag na ito. Markers 'to ng mga significant events sa buhay ko." — **Thunder, March 2012**

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## March of the Penguin

*It's not always raining cats, dogs, and hamsters here as you can see. Sometimes, Batman's nemesis gets in on the fun!*

You know what they say, "curiosity killed the cat." Hope it doesn't apply to birds as well. Keep on blasting our minds with your superb work. You're one of a kind. **-Jonz, February 2008**

**TAKE IT EASY**  
FHM is also for those people desperately seeking a kick in the groin and tongue-in-cheek humor in this world. **-Ms. Mariel, February 2009**



### ALL ABOARD

Sa tuwing may mga bagong sampang seaman galing sa Pilipinas, ito ang lagi naming bukambig sa kanila: 'To!, may bagong issue ng FHM ka ba dyan?' **-Christian, November 2010**

### NO TO REHAB

I'm addicted to FHM! But I'd never ever let anyone bring me to a rehab. I like this addiction. It's the best. I'm also a pusher. I push FHM to those stupid people who don't know how good FHM is! **-Davidson, March 2002**

# THE RING THAT BINDS THEM ALL

*Before wedding proposals became the sleek viral sensations they are now, readers took the plunge and professed undying love for their partner through the pages of FHM*

Reader **Tony (1)** did it first in May 2004. His fiancée, an ex-ramp model who once claimed she was sexier than most of the girls we've featured in the magazine, told him that "I will only marry you if I ever get to be on the pages of FHM!" So this picture happened. We don't exactly know if she said yay or nay, but we're hoping she saw past this technicality and treated his man to the answer he needed to hear. Five years later in August 2009, loyalist **Mama Juicy (2)** sort of made history by becoming the first female reader to propose to her boyfriend. The public proposal, she relates, was necessary because she "couldn't wait anymore."



1

2



## HEADLESS—AND HOT AS HELL!

*In April 2003, Phil, from a very conservative and private Chinese family, asked us to post a sexy picture he had of his wife Ann. He wanted to defy tradition, see. Thinking it was for such an empowering cause, we obliged. That groundbreaking submission proved to be so liberating for our equally smoking female readers that, even as we speak, they continue to unleash their confidence and sexiness through this section for all of FHM Nation to see. Phil and Ann, we owe you one!*



**BURY FUNNY**  
We love to read FHM, lalo na kung may libing kami! **-Bambino, November 2011"**

## REJECTED!

*We immortalize these duds that came from our readers' wild imaginings...*

1. Have a poetry, literary section
2. Do a massive feature about the junior-senior prom
3. Create a page for personal ads
4. Post international and local job vacancies
5. Establish an FHM Basketball League
6. Showcase a "he said, she said" relationship column
7. Produce an FHM TV show that'll beat Oprah

*...and still hold out hope of somehow making this one bright idea happen:*

**How about an FHM issue headlined by super mom Jean Garcia and lovely daughter Jennica?**

**-keyserfuckingsoze, November 2011**



## NUDE AWAKENING

*No one does naked ambition more wackily than our male readers. From Mt. Apo's peak to the privacy of their bedroom (FHM as a bed sheet, anyone?), their gutsy expression of devotion to this humble rag captures quite perfectly what it means to have cheeky fun*



**Jovelon, November 2012**



**Odanarat, January 2006**



**Ken Viber, August 2009**

# Did you know?

- 1 Erectile dysfunction is the inability of a man to sustain an erection.
- 2 Contrary on what some men used to believe, being intoxicated does not make lovemaking even better. Alcohol is a depressant and it decreases sexual desire.
- 3 There is no truth in the saying that tight underwear can contribute to erectile dysfunction. Wearing of tight underwear, however, can lead to infertility problems.
- 4 Erectile dysfunction can also be an outcome of physiological factors like having heart disease, diabetes and high blood pressure or kidney disease.
- 5 Cycling can cause erectile dysfunction. It's because when you ride a bike, most of your weight is on the crotch.

## Sure **FIRE** to Boost the **DESIRE**

Of the 3.5 billion men living on the planet, about 100 million of them are affected by the inability to have erections—what a sad and tough life they have. Unfortunately, the statistic is foreseen to double by the end of 2025. Reasons like stress, aging, lack of time and energy are the culprits that lead men to have this horrible and ghastly experience. But thankfully, there is something that can help you exclude yourself from being one of the unfortunate number — Robust Extreme dietary supplement for men!

Robust Extreme is a dietary supplement for men that effectively aids against the development of erectile dysfunction as it increases stamina and libido. It is made up of sex tonic herbs that are even known and used since the ancient times. Robust Extreme dietary supplement for men is a combination of herbs like Spiral Algae, Corn Extract, Medlar Extract, Ginseng Extract, Epimedium Extract, Cistanche Salsa Extract and Hawthorn Berry Extract and it works by increasing blood flow in a man's pelvic area, thereby forcing men to have stronger and longer-lasting erections. All these herbs, when combined, make up a

powerful capsule of Robust Extreme dietary supplement for men which helps in men's overall reproductive health. Aside from increasing stamina and libido, Robust Extreme dietary supplement for men helps in cleansing the urinary tract, prevention of premature ejaculation and male potency. It also helps strengthen the quality of a man's sperms. With Robust Extreme dietary supplement for men on your side, it's a sure fire to boost sexual desire and energy for a more satisfying performance in the bedroom.

For effectiveness, it is advised to take one capsule two hours before intimate activity, best taken with warm water and an empty stomach. Robust Extreme dietary supplement for men is packed with an extra punch – it's known to have effects that could last up to 5 days.

With Robust Extreme dietary supplement for men, you can kick erectile dysfunction's chance of entering your system! Super Astig 'To!

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# THE STORE

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on Rafa: Coco Republic "Tropicana" print sandalo 299.75Php; Coco Republic yellow linen shorts 599.75Php



A muscular Black man is shown from the waist up, pulling a white t-shirt over his head with both hands. He is wearing a white tank top with horizontal stripes in red, yellow, green, and blue. He is also wearing teal-colored shorts. The background is a clear blue sky.

#THIS IS SUMMER 2015



**STILL ALICE**

Yan ang sinasabing walang kakupas-kupas na beauty. Hot na hot pa rin. My idol!"—**Vera Verycute**, January 2014

**ALL SHE WANTS IS**

I got my personal mantra from Dennis Rodman and it goes this way: "Don't let other people decide who you are." If you want something, go for it! And guess what I want? More *FHMs*!—**Jenny Ellison**, March 2003

**WE CAN REBUILD YOU!**

With your help, I'm more human, more humane. I know how it is to love and to be loved, I have a bolstered self-esteem, I have more friends. I'm very proud to have been upgraded.—**Steph**, August 2009

**NEW WORLD ORDER**

Congratulations on your 150th issue! It's my first magazine in my 26 years of existence—and I'm so loving it. This will bethe start of my collection.—**Rissa**, March 2013

**GODDESS IN THE MAKING**

The whole male population of this country would like to thank you for featuring Diana Zubiri on your cover. She certainly deserves the recognition.—**Freddie Alcala**, March 2003

ILLUSTRATION: JEREMIAH IDAMAN

# THE BREAKDOWN

A staggering by-the-numbers look at how much you hit us right in the feels!

**1,002**

Collectors who never grew tired of: **1)** dreaming up the impossible; **2)** reminding us how much we suck at math; **3)** showcasing their precious collection in a variety of totally out-of-this-world ways



**692**

Couples (married, boyfriend-girlfriend, LGBT) who celebrated their anniversaries, birthdays, and other special occasions with us



Scintillating ladies in various states of undress

**338**



**175**

Seafarers, OFWs, Filipinos living abroad, foreigners who championed the unparalleled beauty of Pinays

Parents who promised to raise a family of *FHM* fans

**174**



# MOBILE LIFESTYLE

Soft suitcases for those who are always on the go.



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*Styles may vary per store.*



# NO REGRETS

We're no dirty debutantes (at 15, not just yet), and no old hags either. But FHM's history is rife with important numbers, milestones, and blunders—that much we can tell you. Here, we celebrate them all...

## YES, THEY DID FHM!

For those who easily forget



**Jinky Vidal**  
March 2001



**Danica Sotto**  
June 2002



**Tisha Silang**  
June 2001



**Tootsie Guevarra**



**Shaan Bermudez**  
July 2001



**Toni Gonzaga**  
August 2003



**Desiree Del Valle**  
August 2001



**Patty Laurel**  
September 2003



**Jenine Desiderio**  
May 2002



**Ethel Booba**  
July 2004



**Alicia Keys**  
June 2002



**Hi-C**  
September 2007

## THE INFOGRAPHICS ON INFOGRAPHICS

What we do when we're tired of the usual



**Pia Guanio**  
February 2001



**Kristine Hermosa**  
March 2001

## BETTER THAN SEXY

The most overused words in our babe-describing vocabulary





**Nina**  
January-  
February  
2005



**Pinky Amador**  
December  
2005



**Menchu Antigua**  
September  
2006



**K Brosas**  
July 2009



**Kim Kardashian**  
April 2010



**Eddie Gil**  
August 2010

## WE WEREN'T READY FOR THAT!

And the award for the most unexpected reply to a sex question goes to...

**Q: So what can your husband expect from you?**

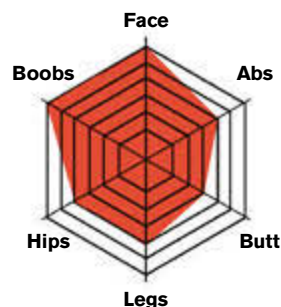
Ha! (laughs)  
You want all the sexual stuff, huh? All right, well, I'm going to be sexual chocolate, okay? I'm going to be melting sexual chocolate all over my Jose—let's just say that. (laughs).  
August 2001



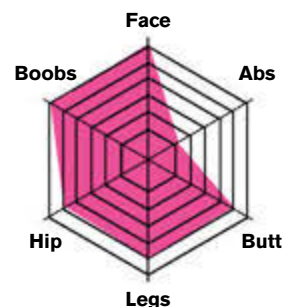
## COVERGIRL ASSETS



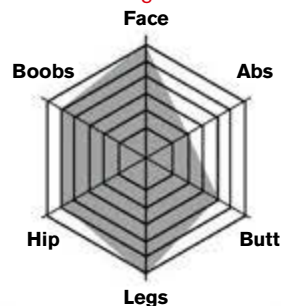
**Ehra Madrigal**  
FHM June 2008



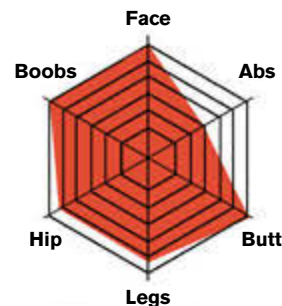
**Aiko Climaco**  
FHM February 2015



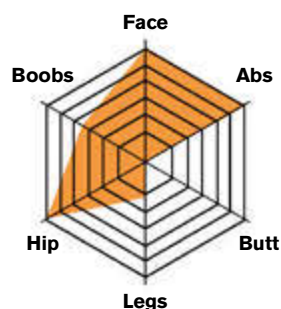
**Cristine Reyes**  
FHM August 2007



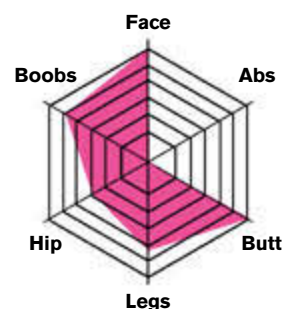
**Francine Prieto**  
FHM October 2006



**Rachel Anne Daquis**  
FHM October 2014



**Andrea Torres**  
FHM December 2015



**SCORCHING**  
**SEDUCTIVE**  
**EFFERVESCENT**

# OUT AND ABOUT

Your favorite babes and the time it took them to reach cover-girl glory

**FASTEST TO GO FRONT  
2 MONTHS!**



**Francine Prieto**  
First Appearance:  
September 2003  
First Cover:  
November 2003



**Diana Zubiri**  
First Appearance:  
June 2002  
First Cover:  
December 2002



**RR Enriquez**  
First Appearance:  
August 2008  
First Cover:  
June 2009



**Andrea del Rosario**  
First Appearance:  
Jan-Feb 2002  
First Cover:  
March 2003



**Daiana Menezes**  
First Appearance:  
March 2010  
First Cover:  
October 2011



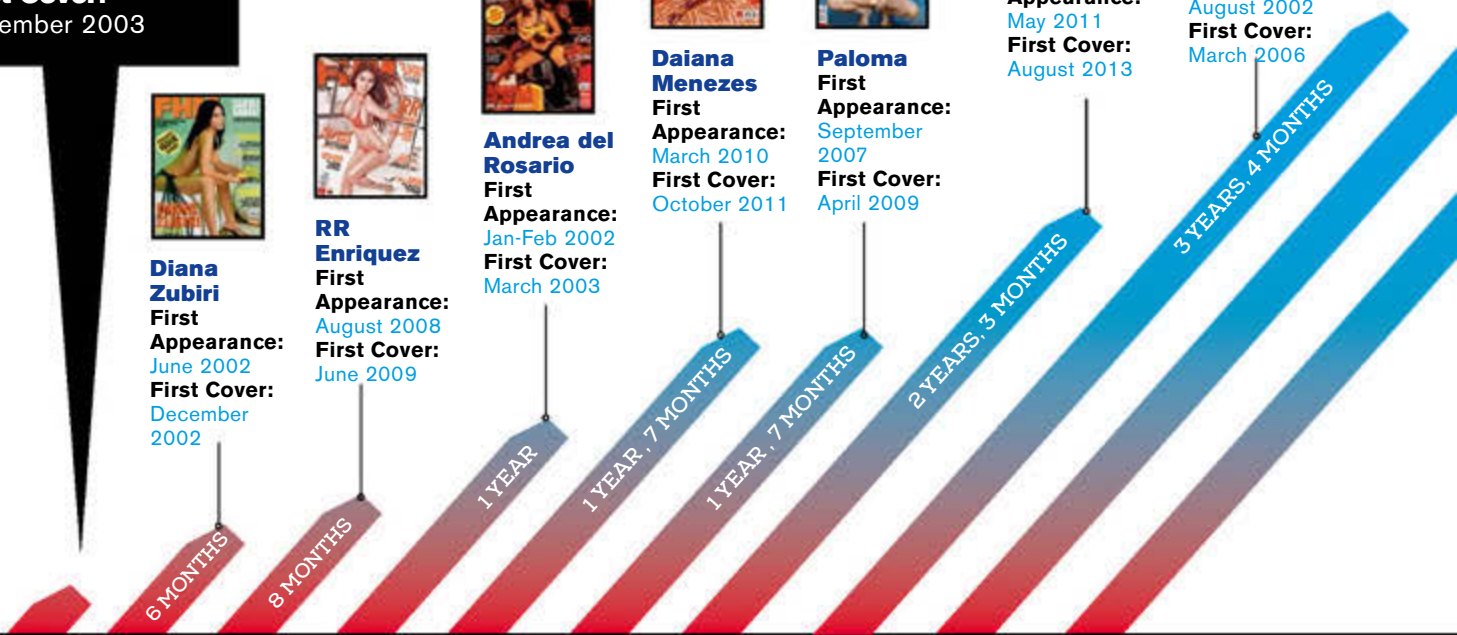
**Paloma**  
First Appearance:  
September 2007  
First Cover:  
April 2009



**Jinri Park**  
First Appearance:  
May 2011  
First Cover:  
August 2013



**Tanya Garcia**  
First Appearance:  
August 2002  
First Cover:  
March 2006



## POINT OF ORIGIN

### HEAVY FAVORITES

An updated list of our *suki* cover girls

**Katrina Halili**  
4 covers

**Angel Locsin**  
4 covers

**Diana Zubiri**  
4 covers

**Jennylyn Mercado**  
3 covers

**Bangs Garcia**  
3 covers



**Ornusa Cadness**  
First Appearance:  
August 2005  
First Cover:  
November 2011



**Nancy Castiglione**  
First Appearance:  
September 2000  
First Cover:  
April 2006



**Jacq Yu**  
First Appearance:  
January 2008  
First Cover:  
November 2008



**Michelle Esteves**  
First Appearance:  
April 2002  
First Cover:  
July 2003



**Erika Padilla**  
First Appearance:  
August 2013  
First Cover:  
June 2014

10 MONTHS

10 MONTHS

1 YEAR, 3 MONTHS



**Michelle Madrigal**  
3 covers

**Ehra Madrigal**  
3 covers

**Marian Rivera**  
2 covers

## MISSING IN ACTION

High-ranking Sexiest Women who've snubbed *FHM*



Anne Curtis



Heart Evangelista



Jessy Mendiola



Kim Chiu



Maja Salvador



Erich Gonzales



KC Concepcion



Megan Young

## LOOKING FOR TROUBLE

Fashion ed looks we can never truly achieve...



**June 2004**  
We now use these getups as Halloween costumes because we still can't dance to save our lives



**May 2005**  
Goal: look like the Brit-cool guy on the right. Reality: you look like the left guy



**May 2013**  
Wet dudes in blazers: win. Wet dudes (you) in t-shirt and jorts: Ew.

## TOKEN QUESTIONS

Or *FHM* ice-breakers that somehow still make it to print

HOW WAS THE SHOOT?

What made you decide to do *FHM*?

WHAT'S YOUR TYPE OF GUY?

How are you like as a girlfriend?

WHAT'S YOUR FAVORITE SEX POSITION?

## ...AND THE BABES' MOST COMMON ANSWERS

OKAY NAMAN! MASAYA! HA HA!

*I want a more mature image.*

TALL, HANDSOME, MABAIT, MAY SENSE OF HUMOR, AND SOMEONE WHO UNDERSTANDS MY LINE OF WORK.

*I'm sweet and malambing.*

DOGGY STYLE!

# OOPS!

Glaring errors that escaped our eagle-eyed (but aging) editors



**Missing 'city' in the title**  
November 2010



**Red dela Cruz named as Red de Guzman**  
April 2012

**Where's Kim Lee's bellybutton?**  
February 2011



**Missing mag name (like you'd care!)**  
April 2009

**Double 42**  
November-December 2003

## SPOILERS



Stories that didn't make it on the current issue, but rather on the inside pages the month after...



November 2014  
"Signs you're old like you're dad"



December 2014  
"Man Food Upgrades"

## HOT TOPICS

Because we can't last 15 years without repeating ourselves

**Handyman**  
repeated 4 times

**What Women Want**  
repeated more than thrice

**Outdoor Sex**  
appeared every five years



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more sensitive feel.*



# GOING PLACES

We've gone this far looking for that one perfect shot



**August 2005**

Met the big boys at FHM main HQ



**September 2012**

Melissa Ricks cover shoot



**September 2004**

GND 2004 shoot



**September 2011**

Lovi Poe cover shoot



**March 2014**

Marian Rivera cover shoot



**March 2012**

Jhane Santiaguel shoot

## UNWANTED STAFF SKIN

The worst nipple exposures in FHM history

**You Will Be a Hot Dancer**  
Anton Umali  
April 2012



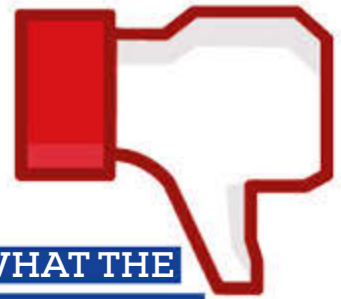
**I Want to Look Like Brad Pitt**  
Allan Hernandez  
April 2006



**How to Raise a Baby Genius**  
B.A. Borleo  
May 2008



**We're Fired**  
Alex Paita  
June 2007



## WHAT THE TROLLS SAY

The five most common snarling remarks we get on Facebook

"Photoshopped yan!"



**OUR REPLY**  
We'll try to use Microsoft Paint next time.

"I'm prettier than her..."



**OUR REPLY**  
So, miss, what's your number?

"Get someone better"



**OUR REPLY**  
You're not happy with the best?

"Wala nang career yan kaya naghubad"



**OUR REPLY**  
Wala lang kaming nakuhang stylist, ikaw naman...

"Kaya maraming nare-rape dahil sa inyo!"



**OUR REPLY**  
Dude, that's like saying "kaya maraming pangit na fashionista dahil sa Preview."

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THE LIFESTYLE REWARDS PROGRAM

*time to get going!*





# HOW YOUR FHM IS MADE

This is how we produce the precious rag you're holding: with blood, sweat, tears, and, uhm, a lot of imagination

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SEXY  
USEFUL  
RELEVANT

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UPPER  
PAY-WIN  
CALCULATE

INCOMING CALL  
NEW TASK  
CHECK REQUEST

COMPUTER  
UPDATE  
STATUS  
REQUEST  
DELEGATION

COUNTDOWN TO DEADLINE  
09:59:20

FHM  
100  
SEXIEST



WE'VE CELEBRATED  
WOMEN FOR SO LONG,  
BUT WE'RE NOT ABOUT  
TO STOP.

THE CHALLENGE, REALLY,  
IS FINDING MORE  
REASONS TO GO ON,  
A NEW WAY OF SEEING.

WE FOUND  
**MAX COLLINS**  
AND WE'RE READY TO  
BEGIN AGAIN.

PHOTOGRAPHY DOC MARLON PECJO  
INTERVIEW KHYNE L. PALUMAR

MAKEUP MICKEY SEE   HAIR JERRY JAVIER   STYLING MAUI RODRIGUEZ  
SPECIAL THANKS TO MR. PERRY LANSIGAN OF PPL ENTERTAINMENT, MS. GIGI SANTIAGO-LARA AND  
DARYL ZAMORA OF GMA ARTIST CENTER, AND RYAN GARCIA

*max collins*



ONE-PIECE FROM CESA SWIMWEAR; NECKLACE AND EAR CUFF FROM ALDO ACCESSORIES

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In lieu of cutting a ribbon to mark what happens to be a year of double anniversaries—Max Collins in her 8th year in showbiz, us in our 15-year stint in celebrating beautiful women and extending male-help—our photographer cuts a waist-high slit, and stomach-plunging “neck line” into our cover lady’s strapless black dress.

So what was supposed to be an evening one-piece is now a conspicuous-looking, *balabal-bestida* hybrid.

Max keeps things together by holding fast to what remains of the fabric, while the photographer snips further in a last-minute “re-fitting”.

“I was surprised.” She tells us, “*Akala ko kasi* they were cutting at the bottom to make a slit. So when he [photographer Doc Marlon] cut the middle of the dress, I was kind of shocked.”

The crew was shocked, too. But probably more curious and a little nervous. Max Collins is after all, a big deal.

In the first five years of *FHM* you wouldn’t have predicted that a beauty like this five-foot-six, California-born, Boracay-bred Kapuso actress would even consider being on our cover. We now know that we are wholly responsible for that. In the age of bombshells and visual shellshocks, we had pushed the envelope so far that when it was time for the new generation of sexy to take their place in our universe, they could not be sure they were ready.

But tastes change. Fifteen years and counting, it has become clear that we were ready to hinge our future on

women of Max’s caliber—effortless beauty destined for the A-list. The challenge lay in convincing her that when we declare a new way of celebrating sexy, we are talking of her. Max Collins is the future. Trust us, it took everything we had, but then that’s what we always do for the women we love.

You know what surprises us more about women like Max? Unreachable as she may appear, you can talk to her and she to you. Really talk. And have fun doing it. For her to answer so gamely and gracefully the difference between kissing with and without tongue, or parry *FHM.com.ph*’s routine stupid questions (i.e. “*Kaano-ano mo si Phil Collins?*” *Nag-aral ka ba sa Collin-ary school?*) with such cleverness and wit, is such a revelation.

Women surprise us. But maybe we’ve surprised Max enough she wanted to be here now. And only fittingly, as we celebrate turning 15. In her own words, “Anniversaries [are exciting]. It’s a celebration of the past. But also a marker, and a start.”

Let’s begin...



**Do anniversaries generally make you feel more anxious or excited?** Excited, because it's a celebration of the past, but also a marker, and a start, and I feel that way about this year. I'm celebrating all the years I've worked as an actress—I started in showbiz when I was 14 and I'm 22 now. It's been quite a while, so it's an anniversary for me as well. I'm celebrating my years as an actress, and at the same time, with a bang, with the 15<sup>th</sup> anniversary of *FHM*. **Personally though, what were you like at 15?**

Um...*medyo pasaway ako*. I kind of rebelled a little. So I would go out a lot, hang out a lot with my friends on the weekends. But at the same time I was working, I was going to school, so *pasaway na* responsible at the same time. *Ano pa ba?* Drinking, but then tamed *naman*, I wasn't wild—I would just be around people most of the time. I didn't like staying home. I liked going out and being with my friends. The usual *na* 15-year-old.

**Have you blacked out at parties?** I did, I blacked out once and I lost my bag. When I was younger *kasi* I

thought I could handle drinking, but I couldn't *pala*. What was good is I was with my best friends. The next day I thought my friend had it *yun pala hindi* so *yun, nawala bag ko*. I think that's probably the worst thing that ever happened to me.

**How often do you go out now?** *Ngayon wala na. Hindi na*, I don't go to bars anymore.

**At all?** *Siguro pag may events*, I do go out and I try to have fun. But then again I'm too busy working all the time, so I just try to have fun *sa set*, and have fun at work.

**How do you have fun at work?** *Siguro* when I'm building relationships with the staff. Like, when we play card games—and then when we have out of town trips, we just bond.

**When we're Googling work-related features about you though, they always hit on kissing scenes. Why do you think that is?** Really? I guess because...well, I'm not sure.

**How different are your onscreen kisses from your real life kisses?** Honestly, I would say onscreen kisses

aren't as enjoyable as real life kissing. Even if for example, someone had a crush on the person they're kissing onscreen, it's not fun because so many people are watching you. It's never enjoyable. It's just a part of work. It's totally different from personal life *kasi* that involves feelings. As an actor you just do what the role requires. I mean if you have your on-screen husband, you kiss your husband. And that's that. **But if we take out the feelings/emotions bit. How different is it, in terms of, say, amount of saliva or tongue exchanged?**

Well, okay, *wala pa namang tongue*, and *wala namang saliva* involved *sa kissing scenes ko* so far. Ha ha! *Parang magpapatong lang talaga yung lips*. In real life of course, well, let's just say it's more than that.

**Are you a good kisser?** Ha ha! I don't know. I think I am. Because if it comes from the heart when you kiss, that's all that matters, that's what makes it good.

**So—tongue?** Ah, *depende. Nasa inyo na yan!* For me *naman*, um, French kisses are the best.

*max collins*



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*Christian Bautista*  
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*max collins*



# STRETCH YOUR CITY



02:28 PM

HEARTBEATS  
OVER NEW YORK

STAY  
CURIOUS | Lee



**Thanks for saying so. We've had a crush on you by the way, ever since you were Isabelle Abierra. Does the change of name also change your onscreen persona?**

In a sense, yes. Because *mas matapang pa rin yung name na* "Max." Max Collins is way more *matapang* than my name before. So, in a way it became my persona, where I have to live up to my name *kumbaga*. And it did change me a lot. *Siguro kasi* before, when you say Isabelle, it actually means consecrated to God—and I am very strong in faith. I am very God-fearing, but then Max is just like the more fun side, *siguro* the more aggressive side in me. But Isabelle and Max are both still in me. **Let's talk about you living in Boracay...**

Oh!  
**Is it as glamorous as we imagine it to be?**

Yes! As in! Growing up on the beach is like the best thing in the world. To see the sun set, to see the white sand that's so soft, and you're swimming all the time. We lived within walking distance of the beach, so in the years that I lived there—between 10 to 14 years old—I would run to the beach, like, right after school. And then Boracay is such a fun place to grow up in, *kasi lahat ng mga naging kaklase ko* they're all mixed cultures, so *ang dami kong natutunan*

*sa kanila* about the rest of the world. And at the same time in Boracay, you're exposed to partying at an early age, drinking, all that stuff. Not exactly me partying because I was too young, but I would see it all the time because I was around it. So *pagdating ko sa Manila*, okay. *Ganito yung* parties, it didn't come as a surprise.

**Do you miss the energy of the crowd over there versus here in Manila, especially in the way people have fun?**

I do. I mean partying in Boracay *kasi* you can say, can be wilder, but at the same time, it's also more carefree. Whereas in Manila, it's more about dressing up, going to the club, and more about being seen out. Boracay is more about just having fun.

**Have you ever slept on the beach?**

You mean like drunk? No.

**Skinny dipping?**

No. Wait...maybe when I was a kid, but that doesn't count, *kasi walang malisya yun*.

**You also left for the States for a while to find out what else you wanted to do.**

Yes, I did do that.

**What kind of plans did you have in mind?**

Well, I was working for my aunt, *kasi* she's a contractor in the States. And for a while, I thought I wanted to work as a contractor too. So my plan was to get a construction license. But at the

same time, I was also doing auditions for shows there. That was actually in my plan, that I wanted to do all those things. Live there, go to acting school, and on the side I would be a contractor. But then again, my family is here. So I decided to stay here.

**We're lucky you came back then. You've been in the business for over eight years. Are you still afraid of anything in showbiz?**

Yes, I still do have fears. *Siguro* as an actress, every actor's fear is *baka pangit yung performance nila—na baka pangit yung performance ko* and *hindi ako magugustuhan ng* audience, that fear is always there.

**But when and where in acting do you feel most comfortable?**

In terms of genre, *siguro* drama. I'm not funny *eh*. Ha ha! I love to laugh and I love being around funny people but I myself am not funny. *Mas sanay ako sa drama*. It's not easy, though. *Yung taping, 24 hours puyat ka*.

*Siyempre iinit din ulo mo kasi ang dami mong kailangan isipin. Yung lines mo, yung susuotin mo, makeup and all that stuff. It's hard work, but if you love your job it's worth it. But then ginagawa ko ito* because I've always been in it. Even when I quit, I keep coming back to it over and over again. So *dun ko na-realize na ito lang talaga yung gusto kong gawin. Mas masaya ako* when I'm acting.



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*max collins*





**What kind of scenes do you enjoy doing. Are *sampalan* scenes any fun?**

*Masaya yun, yung sampalan.* I think *kaya rin siguro nagugustuhan ng* viewers, *kasi nararamdaman nila yung* energy involved in doing it. So that's one of my favorites: *yung mga* intense scenes, and the more aggressive ones. *Ako yung mananampal siyempre.* Ha ha! But I could do either way.

**Does the thought of appearing sexy by showing more skin scare you?**

Everything about it scares me *kasi hindi ako sanay.* I wouldn't say I'm so conservative, *hindi naman.* But *lahat ito bago para sa akin,* and it's my first time to do a sexy shoot. I just want to be considered a role model for women who are trying to find their own sexy. *Kasi* all women have a part of them that's sexy, but it doesn't necessarily mean we're wild, or that we've crossed the line. It's not about me being too sensual or too liberated. It's just about me being confident with myself.

**So when people say "daring", do you consider this a dare?**

*Hindi eh.* Yes, *depende yun sa pagkakaintindi ng tao.* For me, my definition of daring could be more confident, or more mature. I still bring my personality with me, along with my sexiness.

**Were you nervous at how high that slit came close to your *singit*?**

I was. Ha ha! But I think being nervous is normal *naman.* I just tell myself you just have to get it over with.

**What does the tattoo on your right hip say by the way?**

It's a Latin phrase which means "Under God's power, she flourishes." Me and my best friend got it when I was 17 before she left for the States. We both got tattoos in Latin. And I didn't know where to hide it. My best friend had hers on the wrist, but I had to hide it *sa mom ko,* and manager *ko* at the time. So I was thinking where could I hide it? And that was the most convenient spot that I found.

**What's the most out of character thing you've done so far?**

*Siguro ito.* This shoot is out of my character because I'm more of a reserved person. I'm quieter. And doing something like this is way out of the box for me, very different, and it's a big step.

**What about the most out of character thing you've done intimately, with erm, a man?**

Oh my gosh. Okay, I'd like to think of myself as sweet and nice *naman.* So the most out of character thing *siguro* is for me not to be sweet. Intimately—*Ano ba?* I would say, French kissing definitely isn't the most daring thing I've done, but for me, that's the most intimate. **FHM**

*max collins*





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# 15 THINGS FROM THE YEAR 2000 THAT SAY THINGS HAVE CHANGED

In the span of over a decade, our hairlines and shirt sizes aren't the only things that changed. These things too...

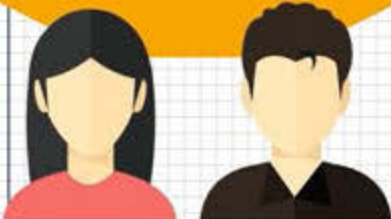
WORDS: GELO GONZALES

ILLUSTRATIONS: JAMES ANDRES

## TELENOVELAS

### THEN

"Pangako Sa 'Yo," where the hottest love team KRISTINE HERMOSA and JERICHO ROSALES debuted.



### NOW

A remake of "Pangako Sa 'Yo" featuring today's hottest young love team KATHNIEL. Innovation, fellas!



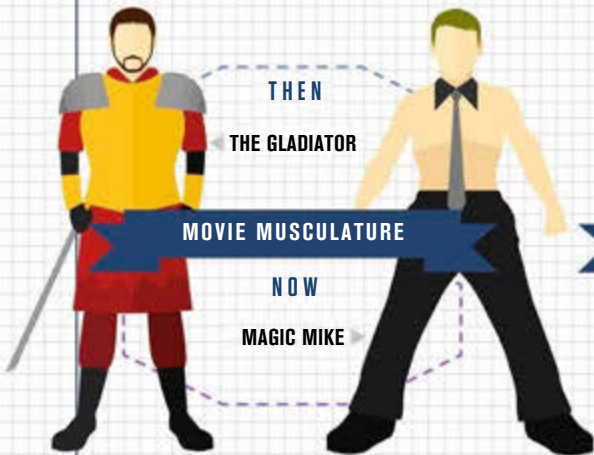
### THEN

THE GLADIATOR

## MOVIE MUSCULATURE

### NOW

MAGIC MIKE



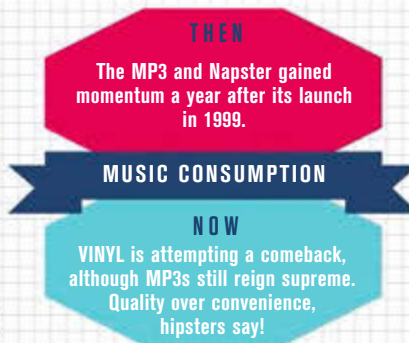
### THEN

The MP3 and Napster gained momentum a year after its launch in 1999.

## MUSIC CONSUMPTION

### NOW

VINYL is attempting a comeback, although MP3s still reign supreme. Quality over convenience, hipsters say!



### THEN

BRITNEY SPEARS skyrockets to the top of the charts with "Oops I Did It Again," gets boys to listen with her sexy Lolita looks and cute high ponytail.

## SINGING SEX SYMBOLS

### NOW

ARIANA GRANDE gets boys to listen with her sexy Lolita looks and cute high ponytail, and skyrockets to the top with "Bang Bang," which is essentially the spiritual successor to "(Hit Me) Baby One More Time."



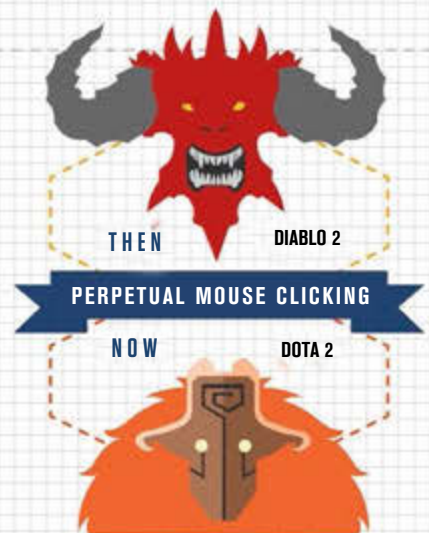
### THEN

DIABLO 2

## PERPETUAL MOUSE CLICKING

### NOW

DOTA 2



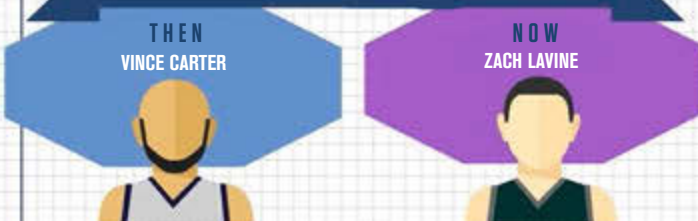
## DUNK CONTESTS

### THEN

VINCE CARTER

### NOW

ZACH LAVINE



## THINGS THAT PINOYS CAUSE TO GO VIRAL

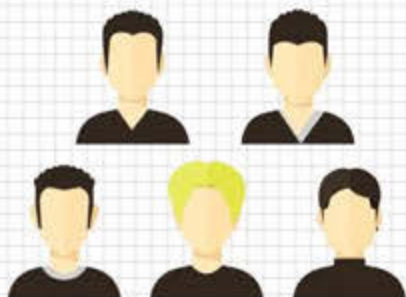
### THEN

I LOVE YOU VIRUS  
On May 5, 2000 the virus spread, causing \$8 billion in damage.

### NOW

FILIPINO MEMES  
Filipino netizens move on to more benign things: LOL-inducers.





### THEN

THE BACKSTREET BOYS win a Grammy in 2000 for their song "I Want It That Way."

### BOY GROUPS

### NOW

ONE DIRECTION doesn't win a Grammy. Tweens rage in objection.



### NBA CHAMPS

### THEN

The Lakers win their first championship since 1988 with SHAQ at the peak of his powers, and a super-duper wingman in KOBE BRYANT. The Indiana Pacers had no chance.



### NOW

The Lakers are rebuilding. SHAQ is in a studio somewhere talking about NBA bloopers. And KOBE BRYANT is super-duper injured. The L.A. Lakers have no chance.



### FEEL-GOOD MOVIES

### THEN

TANGING YAMAN teaches us that family, above all, matters the most.



### NOW

LIFE OF PI teaches us that sometimes, an unexpected friend (the tiger) can keep you alive at sea.



### THEN

Bryan Singer directs the FIRST X-MEN movie, ushering in the official comic book blockbuster era in Hollywood.

### SUPERHERO MOVIES

### NOW

Bryan Singer still directs the FIFTH X-MEN MOVIE, X-MEN: APOCALYPSE.



### THEN

### SURVIVOR

### REALITY TV

### NOW

### SURVIVOR



### THEN

The PBA celebrates its 25th anniversary. Their list of the 25 greatest players draws some controversy.

### PBA ANNIVERSARIES

### NOW

For its 40th anniversary, the PBA adds 15 players to its greatest players list. They still draw some controversy.

### PUBLIC AFFAIRS TV

### THEN

### IMBESTIGADOR



### NOW

### FACE TO FACE



### LIFE SIMULATORS

### THEN

THE SIMS makes us dream and tell ourselves "Someday, I'll be an engineer like my Sims!"

### NOW

THE SIMS 4 reminds us that "If only I hadn't played too much The Sims, maybe I would've been an engineer."



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FHM



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15

We searched high and low for girls with game that's on fleek!

They've got mad skills in their respective fields.

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AND ENTREPRENEUR GIVES YOU A SNEAK PEEK

INTO THE SKIMPIER SIDE OF HER WARDROBE



PHOTOGRAPHY:  
**XANDER ANGELES**  
OF **EDGE OF LIGHT**  
INTERVIEW:  
**PONG CASTILLO**  
STYLING:  
**ASHLEY CAYUCA**  
MAKEUP:  
**JANINA DIZON**  
HAIR:  
**EMMANUEL HERNANDEZ II**



'I'm actually excited and happy *kasi* finally we were able to push through with this. *Matagal-tagal ding usapan 'to*, but it came out great. Finally!'



'I'm not yet ready!' Ashley Cayuca screams.

It would be hard to believe that's what the bombshell you see in these pages before you had been telling the crew

while prepping for this shoot. She kept on convincing herself that she did not fit the "job," while to everyone of us present, she has long been ready for this opportunity. The moment she walked in the studio—her tiny waist exposed as her crop-top hugged her obvious assets, looking effortlessly fine—we knew our timing was perfect.

Ashley is no stranger to this magazine. She has been helping us cull your appreciation for the fairer sex as a fashion stylist and designer. And the many times we've worked with her, we're pretty sure we never missed a chance to invite her to be in front of the lens as well.

Finally, all our wooing has paid off...



**It's good to have you in front of the camera this time!**

I'm actually excited and happy *kasi* finally we were able to push through with this. *Matagal-tagal ding usapan 'to*, but it came out great. Finally!

**It did take a lot of convincing. What made you say yes?**

I felt like it's just the right time. I was a bit chubby before, and now that I lost weight, I feel more confident and comfortable to do this. I was just trying to feel the right moment, too.

**As a stylist, you are so used to getting models ready for outings like this one.**

**Was styling yourself any easier?**

For me, confidence is what will make any woman look good. As a stylist and a designer I have my own vision of what looks nice, but if the person I'm styling is not confident about her own body and image, then *hindi rin yun makikita*. No matter your body type—whether thin, chubby, or athletic—*kung wala kang confidence, wala ka ring dating*. Yun yung appeal eh. Marami diyang magaganda, pero walang dating. Meron namang 'di masyadong maganda, pero grabe ang sex appeal.

**Does being a more voluptuous woman bother you when it comes to channeling your sexy side?**

I definitely don't have the typical body type of a Filipina, you know. I'm bigger. Most Filipinas have a petite body, but I actually like being "slim-thick," as they would call it. I'm blessed to have big boobs, a big butt, and a tiny waist. I like it like that. For me, *mas sexy. Pero* for

me *lang yun*, and that means women should learn to appreciate their own body type.

**And do you think boys appreciate that you have bigger, erm, assets?**

Ha ha! More than that, I think I get along with boys for other reasons. I'm actually a tomboy. I have two older brothers, so growing up I would play basketball with them. I look up to them, *kaya boyish ako*. I think boys like it that you can hangout with them on that level. My boyfriend and I even talk about basketball all the time! It's our common ground. Ha ha.

**What advice can you give girls who have a hard time understanding that guys need time for guy stuff?**

That shouldn't be an issue. I personally think that it is important that you let your partner do his own thing, especially the things he's been passionate about even before you came. It could be a night-out with his boys or a basketball game after work. It's important you establish a certain trust.

**We see in your social media that you are quite the party animal. Does your strong personality scare off lurkers?**

Oh, yeah! I think *nga hindi lang* boys eh, *pati* girls get intimidated. Ha ha! *Kasi* I used to go out all the time because it's part of the job. Being a designer and a stylist, it's important I socialize and meet clients. But honestly, I don't think I can and I should change that part of me just to please anyone. It's not my fault. I'm just being who I am. And partying was a phase, so *ngayon mas focused ako sa work*.

**And what phase are you in right now?**

We're not getting any younger, so you can't just party around all the time. Plus, I like being healthy now, and my boyfriend Chris [Lutz, San Miguel Beermen player] is a big influence on me. Thankful *ako* that I have him, *kasi* it's nice to surround yourself with people who inspire you to work for a better version of yourself. Get enough sleep. Eat better. Be productive.

**And what is the better version of yourself like right now?**

Actually, I'm very laidback. I love staying at home and watching TV. Now I'm more focused on being productive and on doing more serious stuff like businesses.

**Do you have a side we'd be surprised to know?**

I'm a crazy girl. I don't wear makeup, *kengkoy lang talaga ako*. Sexy for me is a state of mind. It's something you feel about yourself, and not just what people see from the outside. Sexy is feeling it.

FHM

## STYLED BY ASHLEY

Proof that our babe here knows both style and skin



**Kristel Moreno**  
*FHM Ladies'*  
*Confessions 2013*



**Meg Imperial**  
*FHM Ladies'*  
*Confessions 2013*



**Boom Gonzales**  
*FHM February 2014*



**Petron Blaze Boosters**  
*FHM November 2013*



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# FIGHT CLUB

THIS ONE FC RING GIRL MADE US WAIT A YEAR

BEFORE STRIPPING DOWN FOR OUR PAGES,

BUT SHE HAS SINCE MORE THAN MADE UP FOR IT



PHOTOGRAPHY:  
**JERICO MONTEMAYOR**  
INTERVIEW:  
**MIKEY AGULTO**  
STYLING:  
**DEBRA BERNALES**  
MAKEUP:  
**RHINA MONTEMAYOR**  
HAIR:  
**GEORM IMPERIAL**



'I would also love to venture into acting, but I'm not that good at it. I also hope to launch my own clothing line one day; maybe even run a breakfast cafe. In other words, I want to be a self-made millionaire. I've got dreams, you know. Ha ha!'



After a year of email exchanges, scheduling, and, heck, late night prayers, we were finally able to get a hold of the very beautiful Mila G. We consider this outing a milestone to say the least, since we've now made it three-for-three with the ravaging beauties of ONE FC, having worked with Christine Hallauer and Maya T. in the past year. Although we've pounded hard, pulled and tugged where we could, we can finally cross this Japanese-born hottie off our bucket list!

We're not going to fight her for the pain and agony of a long wait, because this is the part where she makes it all up to us.



**You finally made it here! We hope our country lived up to your expectations.**

Coming here was definitely on my bucket list. You have no idea how happy I am! I was here for a whole month, but the days went by so fast. I loved taking the tricycle, ha ha!

**How did you find the Philippines?**

First of all, the weather was perfect, especially in December. And I can't get over the *adobo* I had during my trip to Palawan. And there's traffic, shopping malls, and stray dogs everywhere I go, which I thought was funny and random. The Philippines is a fun country to live in.

**You once admitted that you check girls out from time to time. Were you able to see any hot Pinays?**

Yes! Gorgeous girls are everywhere. Filipinas have such big, beautiful eyes. And I love how kind and cheerful they are. Filipino men are so lucky.

**Your fellow ONE FC ring girls, Christine Hallauer and Maya T., have both been here before. Coincidence?**

Well, they told me that Manila is one of the best places they've ever been to, so I just had to see it for myself. I'd love to attend a ONE FC show in Manila and meet all the lovely people there.

**Speaking of ONE FC, can you tell us more about your duties as a ring girl?**

It's simple, really: stay in shape, dress sexy yet classy, and don't trip when you enter the cage. Ha ha! Kidding aside, I was able to do three shows in

2014, and it's been really amazing. I'm very honored to be a part of ONE FC. I can't wait to do a show here in Manila.

**Do you do other stuff besides modeling?**

Yes, I also happen to be a part-time waitress.

**You post tons of video blogs on your social media page. Do you enjoy filmmaking?**

I love making videos! I want my followers to know and see more than just my modeling pictures. I always make it a point to update my video blog whenever I go abroad or when I'm in a photo shoot. Please check out my YouTube channel [[@OfficialMilaG!](#)]

**Is filmmaking a part of your future? What would you like to venture into one day?**

Filmmaking is definitely on my list. I would also love to venture into acting, but I'm not that good at it. I also hope to launch my own clothing line one day; maybe even run a breakfast cafe. In other words, I want to be a self-made millionaire. I've got dreams, you know. Ha ha!

**Is it hard to meet guys, considering you travel all the time?**

I don't see any problem with that. Even if you have a tight and busy schedule, you have to make time for your man, right?

**It's summer time! What do you intend to do?**

Oh my, where do I start? I would love to go hiking, camping, fishing, biking, play tennis, and just be active! I want to enjoy the sun, that's for sure. **FHM**

**MILA G'S FAVORITE MMA MOVES**

**Rear Naked Choke**

"It's one of the easiest and most effective submission moves out there. Anyone can do it!"

**Twister Lock**

"I can imagine how painful it is. You don't want to be on the wrong end of a Twister Lock."

**Superman Punch**

"I want to learn how to do a Superman Punch. It looks so flashy and exciting."

**Omoplata**

"When I was young, I joined a Karate class and I was able to learn a submission move that's similar to this one."







THIS PLAY  
FM HOST CAN  
CONVERSE  
FOR HOURS.  
HERE, WE LET  
HER BODY DO  
MOST OF THE  
TALKING





PHOTOGRAPHY:  
PAOLO PINEDA  
OF MIDNIGHT BONKERS  
INTERVIEW:  
MARLA MINIANO  
STYLING:  
DEBRA BERNALES  
MAKEUP:  
JANINA DIZON  
HAIR:  
EMMANUEL HERNANDEZ II





'It's funny because I'm great with shy people—I tend to be more myself. With louder people, that's when I feel like holding back. I have a thing for nerds and really smart people. That's why I had a crush on so many professors—they're so smart! If you know a lot of stuff, I'd want to talk to you for hours, even if you're not the most outgoing person'



his is 99.5 Play FM DJ Jaz Reyes' first sexy shoot for a magazine, but a peek into her Instagram account shows that she's no stranger to the shutter, with expert-level OOTDs in various tourist spots, a guest hosting stint on a reality show with Maxene Magalona and Allison Harvard, and a killer smize (that's smiling with your eyes, gents) and hand game that would make any professional model jealous. "I enjoy photo shoots, especially when I'm working with a good photographer, because at least there's a purpose," she says. "It's not just *pa-cute*. You get to express yourself."

In between takes, the former UAAP court-side reporter entertains the crew with her cheeky humor ("If the Pope's coming to town, of course you're not going to dress sexy, *di ba?* I would wear all white and a cape!") and endearing self-awareness ("Was I funny? Usually I'm so much funnier *eh?*"). When asked about the kind of outfit she feels sexiest in, she blurts out, "When I'm not wearing a bra. Freedom is sexy." A pause, and then she clarifies with a coy smile: "Underneath my clothes, I mean. Nothing is seen. Nothing that shouldn't pop out is popping out." Well-played—and nobody seems to mind at all.



#### How did you get into radio and hosting?

I was a really chubby kid. I used my sense of humor as a defense mechanism. I would do stand-up shows and host events in school. In college, I joined theater. Then suddenly things came up, like auditions for Junior Jock in Magic 89.9 and UAAP court-side reporting. If

other people can do it, why can't I? **You're very outspoken and outgoing. Do men find this intimidating or encouraging?**

I grew up with two brothers, so I would always want to be better than the boys. I heard that a lot of guys from the neighboring exclusive school were intimidated by me. But I think once you enter college, guys appreciate outspoken and outgoing girls more.

**What's the best way to get to know someone who's shy and reserved?**

It's funny because I'm great with shy people—I tend to be more myself. With louder people, that's when I feel like holding back. I have a thing for nerds and really smart people. That's why I had a crush on so many professors—they're so smart! If you know a lot of stuff, I'd want to talk to you for hours, even if you're not the most outgoing person.

**You were a court-side reporter in college. What has that experience taught you about yourself?**

It's not for me. I enjoy being on air, reporting, and broadcasting, but I was never a huge sports person. I enjoyed the run, but I would hand it over to someone who is more passionate about the field.

**You're very visible online and on social media. Any tips for raking in the likes?**

I post whatever I want to post. Some people believe they should only post things that attract people to visit their page. As long as you're happy with the quality of what you put out, people take notice.

**How careful are you about your privacy? Do you get creepy listeners and followers?**

There's one listener who's been wanting to be my friend for three years, but I don't really accept friend requests unless we've met in person and had a decent conversation. People don't always understand that you're just trying to stay safe. I'm careful because I don't want people to feel bad when I ignore them, either.

**What's your take on sexy selfies?**

I really don't like taking selfies, especially of my body. When I do, it's either because I have to endorse a product or show my outfit. Even when I go to dinner with friends, I feel uncomfortable taking photos all night because I believe that if you're already in the moment, there's no need to capture it through pictures.

**What about guys' sexy selfies?**

I don't really appreciate gym selfies—they're not sexy for me. I want to eat dessert! I'm really attracted to the mind. If there's a male version of Amal Alamuddin, go *ako diyan*. I can be George Clooney. **FHM**

### JAZ'S SPIT-SWAP SONG GUIDE



#### Ed Sheeran's "Tenerife Sea" or "Photograph"

"Ed Sheeran will soothe and make sure you end up smiling with hand and eye locked to one another. That is unless your girl hasn't fallen for Ed Sheeran by the end of either track."



#### The Weeknd's "Often"

"The first beat oozes R-18. 'Not a song you want your parents to overhear nor a song you want to sing out loud along to. Trust me.'"



#### Boyz II Men's "I'll Make Love To You"

"This HAS to be in your sexy set list. Too many babies, slow dances, proposals and weddings have been made to keep this track out."

IT'S BEEN 20 YEARS SINCE

THIS GIFTED CHILD MADE WAVES

IN THAT CLASSIC MILK COMMERCIAL.

NOW, SHE'S STILL GRABBING ATTENTION

FOR HER LESS-NERDY ASSETS

Shaira  
LUNA

S

H

U

T

T



PHOTOGRAPHY:  
PAOLO PINEDA  
OF MIDNIGHT BONKERS

INTERVIEW:  
ANTON D. UMALI

STYLING:  
SAM POTENCIANO

MAKEUP:  
AMANDA PADILLA  
OF AT EAST | JED ROOT

HAIR:  
RHOY CERVANTES  
FOR L'OREAL  
PROFESSIONNEL

**E R B U G**





'I think intelligence is very important. If you're smart, you won't be taken advantage of. You can make decisions: how sexy you want to be, how casual you want to be. You can voice out your opinions and make a point. You're not just there to smile and be pretty'



If you're new to the daddy-game, it might be in your kid's best interest to feed him/her bottles of the milk once endorsed by Shaira Luna. As popular in the

'90s as LA Lopez (the iodized salt boy wonder of *Eh Kasi Batal* who's now a pastor), Shaira was featured in a famous lactose-laden commercial that showcased her knowledge in Anatomy together with other gifted children in their respective fields.

But just like child-star LA, she's shifted gears by becoming a divine medium of visual and artistic holiness. Leaving the scalpels and innards to the surgeons, she picked up a tool that explores the human body in ways that don't require anesthetics: a camera. As a successful photographer, the whiz kid that won the adoration of the masses is now one of the industry's most avant-garde lenswomen. And the secret to her success: melding the science with the art.

"There's a lot of psychology involved in shooting," she shares. "It's not just art. There's still a little bit of science involved in photography, in trying to understand different people. It's not all about the IQ all the time. You have to have pretty high EQ to be in this kind of industry. Before, I was talking about the heart, now I actually use it."

To prove the insane levels of her emotional quotient, we coaxed the eloquent photographer into a role-reversal. Instead of using her talents to capture the sultriness she brings out in our models, we got Shaira to get vulnerable in front of the camera. And as you gents can see, the result is nothing short of genius.



**Just so we can make things clear, what was your role in the commercial?**

I was the one talking about the cardiovascular system, the heart, and how the human anatomy works.

**Where did the interest in Human Anatomy come from at such a young age?**

My mom was a dentistry student. She would read me her books. I got into it because we would dissect hearts on weekends. We'd buy pig organs from the market and that would be my playtime!

**You were once pegged to be the Doogie Howser of the Philippines. Now, you've veered away from that career path and actually photograph living human bodies for a living as a photographer.**

**Do you find it funny how you've crossed over from the sciences to the arts?**

The transition of me being the anatomist to a sort of artist was gradual. I tried a lot of different things before finding photography.

**You've photographed models for *FHM*.**

**What techniques do you employ when you're doing a sexy shoot?**

I don't actually see it as "sexy" when I shoot it. It's not any different from when I'd be shooting someone fully clothed. I pay attention to the emotions. It's really about the mood and less about the amount of clothing. I'd like to think that the subjects feel that way and that's why they're really comfortable when I shoot them.

**Do you think that intelligence is important when it comes to embodying sexiness?**

I think intelligence is very important.

If you're smart, you won't be taken advantage of. You can make decisions: how sexy you want to be, how casual you want to be. You can voice out your opinions and make a point. You're not just there to smile and be pretty.

**Part of being a photographer is taking on a voyeuristic persona. What does it feel like peeping through a hole and capturing a moment?**

I was once asked, "What's your favorite angle?" and my immediate answer was "where I'm not seen." My work, none of it is really pose-y or commercial. I try to catch off-guard moments. The camera is just a tool for that.

**Do you think it's ironic that you started out as a commercial model and now you actually shoot models for a living?**

Yes, it's ironic. That's also one of my favorite songs. Ha ha! I'm just very thankful for the position I'm in right now, and hopefully I become a commercial model again in the near future, ha ha! I'm very happy it has come to this. **FHM**

## SHOT BY SHAIRA

***FHM Ladies' Confessions*  
2014  
Nicole  
Alexandria**



***FHM Ladies' Confessions*  
2014  
Lhea  
Bernardino**



***FHM February*  
2015  
Mimi Casil**





# BOHEMIAN RHAPSODY



MEET DIVINE MAITLAND-SMITH'S FASHION MODELING,

STYLE-BLOGGING, CLOTHES-PEDDLING SISTER.

YOU'RE WELCOME

PHOTOGRAPHY:  
ANDREO ESGUERRA  
INTERVIEW:  
ALEX C. PAITA  
STYLING:  
DEB BERNALES  
MAKEUP:  
JANINA DIZON  
HAIR:  
EMMANUEL HERNANDEZ II  
BIKINI:  
STOKED AND RIPCURL







**‘I think I gave out a vibe that I was this crazy girl who shows a lot of skin. But I didn’t care—I think it’s okay, I live on an island!’**



It probably took a while before it finally sank in: Your chances at dating the painfully cute Divine Maitland-Smith are nil, at least at the moment. (Unless you're one of our female readers—wink wink nudge nudge.) Well, worry not, boys, your prayers have been heard! Kimberly Maitland-Smith here is just as hot as her sister Divine, only with less tattoos, longer locks, positively more manicured nails, and a softer British accent you wish all your phone pals back in high school had. She does modeling, owns “multi-wear” line KMS Apparel, and writes a style blog, [vanillaaddiction.com](http://vanillaaddiction.com). Like her sister (duh!), she hails from London and moved here about three years ago.

How come we never heard about her before then? We know, right? Divine has a lot of explaining to do...



**If we’re not mistaken, this is your first sexy shoot for a magazine...**

Uh, sexiest shoot for a magazine, yeah. Ha ha! I did pose for *Esquire*—that was a little bit sexy. I was in lingerie but it wasn’t...anything like this.

**We did a bit of stalking and found out you and Divine seem pretty close. How come she’s hardly told you about us?**

I don’t know. It’s all about herself! Ha ha!

**Did she talk you into doing *FHM*?**

Well, she talked about it before. She asked if I’d do *FHM*. I said if anyone asked me to do it, I totally would!

**She graced the magazine thrice—but did we miss anything? What else do we have to know about her?**

I think she’s an open book—everyone knows everything about her! Ha ha! She used to be a party animal. But then she gives off that vibe just by being her. But lately, we switched. Now she’s the one going home early but everyone thinks she’s the one who usually goes out late—but it’s actually me! And everyone thinks she’s older than me because...I don’t know why.

**What do you think is the reason behind that?**

After [*Pinoy Big Brother*] and stuff, she went out a lot. She’s been laying low, focusing on art. She’s drawing a lot now, designing tattoos. She wants to start tattooing again.

**We hear you own a clothing line, write a blog, and also do modeling. Interesting...**

I started modeling for fun when I was visiting the Philippines and then I started blogging. I have a style blog. I was given a lot of swimwear and sportswear, so that’s when I decided to make “multi-wear,” things you can wear as a bra, or a swimsuit, or sportswear. Most of them are reversible too. They’re fun for island living!

**How did you get into that?**

I went to fashion school. I was living in London, and then my parents told me to move back to the Philippines. That’s when I started blogging for fun. That’s when I started focusing on fashion. I always liked altering my clothes. I cut my shirts and stuff like that. Plus, I do swim a lot. I love going to the beach. I travel to Thailand a lot because I used to live there. So, I started to design my own clothes.

**When did you move here, by the way?**

Three and a half years ago. I actually live in Cebu. I just come to Manila sometimes for work or to visit my sister. I came from London—I was there for a year and a half studying fashion styling and makeup, and then I moved to the Philippines.

**What does being sexy mean to you?**

Everyone says this but I think it’s about being comfortable in your own skin and not changing who you are for anyone else. People’s opinions won’t change you. You stick to who you are.

**What do people want to change about you?**

When I wanted to start my fashion line, some people thought it wouldn’t do well. I still didn’t care so I tried. Also, when I first moved to Cebu, it was much more conservative than other countries I’ve lived in. I think I gave out a vibe that I was this crazy girl who shows a lot of skin. But I didn’t care—I think it’s okay, I live on an island! I like wearing loose clothes. I just stick to my fashion sense. That’s also why I started a fashion blog. My friends were telling me that I’m so different from other people here. They’re Asian-inspired, but mine is I guess Bohemian-edgy.

**What’s the craziest thing you’ve done?**

There’s so many! Well, we used to go sailing in the Marquesas [Islands, France]. My mom and I were swimming in the beach when she shouted, “Shark! Shark!” I turned around and saw a shark in the water, like in the movies! I ran out of the water. And then we all went back on the boat. It took us 20 minutes to sail back. And then in the middle of our trip I saw wild manta rays—they were huge, like a meter and a half wide—four or five of them swimming around our boat. And I just completely forgot about the sharks that I jumped in with them. They swam under my feet so I could stand on them. It was amazing! They would lift up so I could look like I was walking on water. And that’s when Divine jumped in. People think she’s not afraid of things but she actually is afraid of a lot of things.

**We’ve always had a hard time buying stuff for our ladies. What tip can you give on buying her, say, swimwear?**

Know your girl’s body first. I feel like swimwear is hard to fit to some body types. The best thing to do is to have them try it before they buy it. Or, taking her shopping is the best thing to do! **FHM**

**SISTERS ARE DOING IT FOR THEMSELVES**  
(Sweat-inducing IG posts, we mean)  
[@kymberlymaitlandsmith](https://www.instagram.com/kymberlymaitlandsmith)



Epic night at Electro Mundo



Another photo from last weekend with @divine\_smith at Black Market



Take us back. Sun in my eyes but my sisters by my side @divine\_smith @tubblesyanipples. No place I would rather be right now. Missing you badly!



The greatest gift our parents ever gave us was each other @divine\_smith | My partner in crime



Moon’s out... Buns out! Night swim with the betchez





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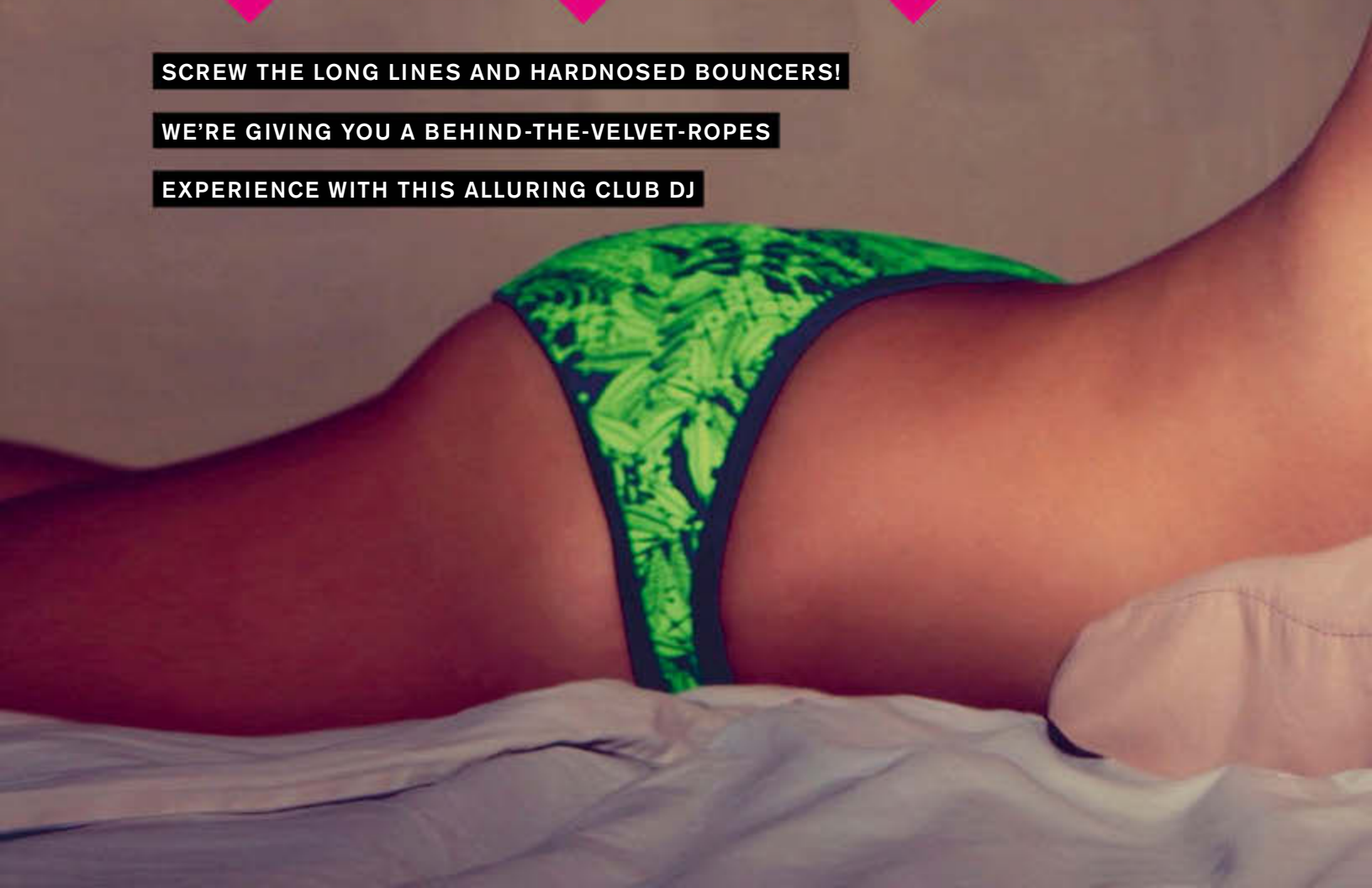


# PARTY ANIMAL

SCREW THE LONG LINES AND HARDNOSED BOUNCERS!

WE'RE GIVING YOU A BEHIND-THE-VELVET-ROPES

EXPERIENCE WITH THIS ALLURING CLUB DJ





PHOTOGRAPHY:  
**EJAY LEUNG**  
OF MIDNIGHT BONKERS

INTERVIEW:  
**ANTON D. UMALI**

STYLING:  
**DEBRA BERNALES**  
MAKEUP:  
**AMANDA PADILLA**  
OF AT EAST | JED ROOT  
HAIR:  
**RHOY CERVANTES FOR**  
**L'OREAL PROFESSIONNEL**





‘Music controls the mood. Music conveys emotions. I like the sort of music my body can move to’

**B**

ecause we here at *FHM* HQ like to marinate in the aftershock of a triumphant hedonistic-fest, every so often we pray to the party gods for a hot catalyst to get the energy (and our

blood) pumping for our latest all-nighter ragers.

Lo and behold, the deities of hard drinks, ill beats, and epic hangovers have once again heeded our call. This time around, blessing comes in the form of the curvaceous, sun-kissed, and easygoing Nina Saputil. A regular spin-doctor in Manila's coolest hangouts and Boracay's scorching sands, this temptress of the turntable is the secret ingredient that turns cold, lonely nights into frenetic fits of club-tastic glory.

Although we can go on and on when it comes to praising Nina for her audaciously awesome sound, we booked her a gig that showcases her more visually pleasing assets instead.



#### How did you get into DJ-ing?

I had a friend who was part of an old-school hip-hop group called 7 Shots of Wisdom. He had a turntable at home. When I tried it, they pushed me. They said I had potential and I could make a career out of it.

#### Were you always into music?

I used to be part of a band. I could play all kinds of instruments, except I can't sing. I liked the guitar, drums and keyboards.

#### Wow! So you're practically a musical genius.

Before DJ-ing, I was active on the drums. Being a DJ is more about beat matching, so that was the first thing I really had to learn. This was way back in high school, and in college, *mga pinsan ko naman kasama ko*. My family is also musically inclined.

#### Was there any difficulty in penetrating the industry as a female DJ?

People had a hard time believing in me. It was hard to get people to trust that a girl could handle a party. You just have to show them *na kaya mo*. Eventually *nakapasok naman*.

#### Have you had any experiences where you were spinning in the club and some random guy tried to hit on you?

*Marami na!* There was this one time at the club, this guy—*pogi siya*, foreign—who asked the bouncer *kung mauwi niya ba raw ako* that night. *Bibigyan daw niya ako ng P500,000!* Ha ha! Cute *si kuya*, so *sabi ko*, *sana niligawan niya na lang*

*ako baka free pa*, ha ha!

#### So what advice would you give our readers when it comes to approaching the opposite sex inside the club?

The classic way. Just say hi. For me, when someone asks, “Can I buy you a drink?” I reply: “*Hindi na no! Bilhan na lang kita!*” Ha ha. If there's a topic that you can talk about, bring it up.

#### What sort of man catches your attention inside the smoky recesses of the club?

*Yung mukhang bastos*. *Ayoko ng* good-looking guy *na mukhang mas mabait pa sa akin*. I like the type that when you look at him, *mukhang kaya ka buhatin*. I want someone who looks like he can protect me.

#### What about in terms of the personality?

First of all, he has to accept my lifestyle. It's hard to have a boyfriend from a different industry. Take for instance, corporate guys, *iba yung mundo namin*. *Ayoko ng seloso*. *Gusto ko may 100-percent trust*.

#### What are the techniques you employ in pumping up the crowd?

For me, I believe in the classic way of playing for the crowd and not for yourself. *Minsan* I play hip-hop, sometimes pop, sometimes EDM. I put a bit of every genre in as much as I can. *Kakapain mo hanggang makasabay na yung mga tao*.

#### Part of being a DJ is working late nights. Would you consider yourself a party girl?

I've been in the industry for four years. The first two years, I would stay after my set till like five or six in the morning.

Eventually, you realize it's not worth it to stay that long into the party. If I do that for three more years *baka losyang na ako!* Ha ha!

#### In your personal opinion, what makes music sexy?

Music controls the mood. Music conveys emotions.

#### So what sort of music turns you on?

I like danceable hip-hop and reggae music. I like the sort of music my body can move to. That's my goal as a DJ: *dapat napapasayaw ko yung sarili ko*.

#### If you could choose a song to make love to, what would be the soundtrack to your baby-makin'?

As of now, *kinikilig ako dito*—my favorite is “Love Never Felt So Good” by Michael Jackson and Justin Timberlake. It feels like you're in love and *sarap lumandi!* Ha ha. Sorry *ang jologs ko!* **FHM**

## SHAKE IT OFF

Got two left feet? Here's Nina's guide to getting your groove on

#### Be confident.

“If you show people you're loving your moves, the rest of the crowd will get into it.”

#### Be comfortable in your own skin.

“Nothing looks more awkward than someone uncomfortably twerking.”

#### Learn the art of eye contact.

“It's effective because it shows ladies on the dance floor that you're in control, which translates to sexiness.”

#### Always challenge yourself.

“Stepping your dance-game up is as easy as knowing how to push yourself. If you limit your moves, then naturally, you will seem limited to the ladies.”



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PHOTOGRAPHY:

**JAKE VERZOSA**

INTERVIEW:

**PONG CASTILLO**

STYLING:

**DEBRA BERNALES**

MAKEUP:

**RIA GAMBOA**

HAIR:

**RHOY CERVANTES**  
FOR L'OREAL PROFESSIONNEL





‘People would usually think that DJs wild out in clubs every night, but we really don’t. We’re actually very responsible in making a living out of it, you know. We take this seriously because it’s our job’



**W**e Filipinos have a strong sense of pride for our culture and people. But as much as we love all things Pinoy, we admittedly have a keen appreciation for everything from foreign lands. Take for example the ones imported from Brazil: the fancy pair of flip-flops we’d willingly splurge on, their scrumptious cuisine, and their own brand of martial arts we’ve yet to perfect. But more than the material things, we’re thankful for their fine race of friendly men and women.

We’re lucky to have found a new friend in model and budding DJ Luane de Lima. The first time we saw her on *Eat Bulaga’s* “My Foreignay,” we instantly fell for her natural Brazilian beauty and her cute twang. But actually sitting her down for an interview proves she still has more to surprise us with. Our bonding session of choice: producing this fiery set of photos before you.



**You looked pretty cool throughout our photo shoot. What were you most concerned about?**

I’m always afraid that the photos might come out bad, like, too sexy. But what we did was great! I like that we got to keep it classy, you know. It’s still me.

**And by too sexy, you mean?**

It depends on the posing, you know. You can be in lingerie or even stripped down naked, but still be classy. I guess it depends on your actions and how you let your body flow in front of the camera.

**You handled yourself like a pro considering it’s your first time on our pages.**

I started modeling in Brazil when I was just 11 and left home when I was 18. I’ve been traveling since, so I can really handle myself well.

**What keeps you in the Philippines?**

For me, what makes up a place is its people. I love the Filipino people. They’re very warm. I like the fact that I’m learning here.

**How was the experience in *Eat Bulaga’s* “My Foreignay”?**

It was fun getting in the top 10. I’ve been studying the Filipino language and culture.

**What else keeps you busy?**

I haven’t been modeling as much *kasi*

*gusto ko talaga mag-host and mag-DJ.*

**Does being a foreigner ever intimidate Filipinos when approaching you?**

A lot of Pinoys approach me out of nowhere, which is surprising. Filipinos like to stare, though. Ha ha!

**You’re foraying into the DJ world. How did you get into the music scene?**

I have a lot of DJ friends who influenced me. Now I play house and EDM.

**Are you a party girl?**

I love socializing and being with my friends because I don’t have family here. I barely drink, though.

**How should a guy approach you in a bar?**

Well for one, I don’t like strangers approaching me. It’s important for me to know the person, at least on a certain level.

**And does that give some people the impression that you are *mataray*?**

*Gusto ko kasi na iba naman yung takbo ng conversation.* Since I got here, people have asked me the same questions. If the guy can have something different to say and catch me in a different light, then the better!

**You seem like the serious type. How are you like in the dating department?**

It depends. I just don’t like men who are initially too flirty.

**Why do you think Brazilians have a good connection with Filipinos?**

Filipinos have actually labeled us Brazilipinas because we’re Brazilians *pero may pusong Pinoy. Sa tingin ko kasi, parehas tayo ng culture.* We’re Catholics, we are warm people.

**And our differences would be?**

I think we [Brazilians] are very straightforward. Anything we want to say, we say to your face. Filipinos are very nice, so most of the time they don’t know how to say no. *Paliguy-ligoy sila.*

**What do you think is the biggest misconception about female DJs?**

People would usually think that DJs wild out in clubs every night, but we really don’t. We’re actually very responsible in making a living out of it, you know. We take this seriously because it’s our job.

**In a sea of partygoers, how can a woman stand out in a crowd?**

I like it when a girl is not too made up. Simple is beautiful, because when you’re simple, you’re more yourself. **FHM**

Luane’s bikini bod on Instagram @luanadelima



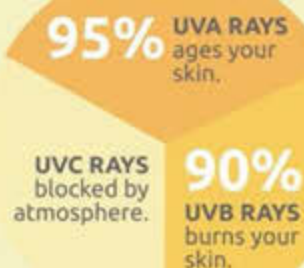
Foreign beauties and local sights @luanadelima c/o Pong



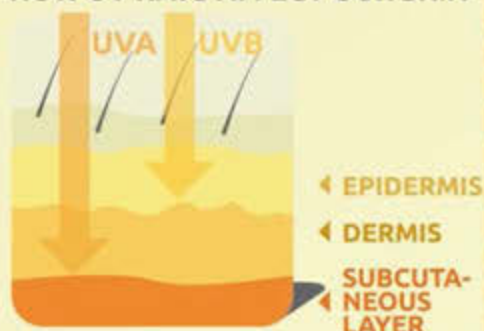
# THE SUNBLOCK SUMMER GUIDE

## FACTS ON ULTRAVIOLET RAYS

There are three main types of Ultraviolet rays and there are two that are harmful to our skin.



## HOW UV RAYS AFFECT OUR SKIN



## TOO MUCH SUN

IS THE LEADING CAUSE OF SKIN CANCER

## COMMON SKIN CANCER CAUSED BY SUNLIGHT:

**SQUAMOUS CELL CARCINOMA** - is a cancer of a kind of epithelial cell.

**BASAL CELL CARCINOMA** - is the most common skin cancer. It rarely metastasizes or kills.

**MELANOMA** - is a malignant tumor of melanocytes.

## WHAT IS SPF

AND WHAT DOES ITS NUMBERS STAND FOR?

## SUN PROTECTION FACTOR

is a measure for a sunblock's ability to protect you from UV rays that varies from different skin types.

SPF

15 30 50

SPF NUMBER WILL DETERMINE HOW MUCH TIME YOUR SUNBLOCK WILL LAST



## HOW LONG WILL MY SUNBLOCK SPF LAST?

TIME WILL VARY DEPENDING ON YOUR SKIN TYPE



SPF NO. x SKIN TYPE = TOTAL PROTECTION FROM UV rays

$$15 \times \text{FAIR } 10 \text{ mins.} = 150 \text{ mins. OF TOTAL PROTECTION}$$

**BROAD SPECTRUM PROTECTION** refers to protection over the full range of UVA and UVB waves.



## WHAT IS PA+++?

PA +++ IS THE JAPANESE RATING SYSTEM\* FOR HIGHER LEVEL OF UVA PROTECTION

\*3 "PLUSES" IS THE HIGHEST



SPF 69 PA+++

## HOW MUCH SUNBLOCK SHOULD YOU APPLY?

AT LEAST ONE OUNCE (ENOUGH TO FILL A SHOT GLASS) OR THE AMOUNT YOU CAN HOLD IN YOUR PALM.

1 oz

## HOW TO APPLY SUNBLOCK?



## BEING PREPARED FOR SUMMER IS THE KEY!

KNOW THAT AND KNOW WHAT PROPER SUNBLOCK PROTECTION MEANS.







**THIS PREMIERE VIXEN MIGHT BE AN ACCIDENTAL MODEL—**

**BUT IT'S NO MISTAKE THAT SHE'S HERE**

PHOTOGRAPHY:  
EJAY LEUNG  
OF MIDNIGHT BONKERS  
INTERVIEW:  
ASH MAHINAY  
STYLING:  
DEBRA BERNALES  
MAKEUP:  
JANINA DIZON  
HAIR:  
EMMANUEL HERNANDEZ II





**'First time kong mag-shoot ng nude talaga. Pero siguro kaya hindi ako natakot kasi yung ibang girls ginagawa naman nila—nahahangaan ako and nagagandahan ako. Hindi ko iniisip na malaswa and mayroon naman silang napapakita!'**



hat makes a model a prodigy? We're not exactly sure, but landing a ramp appearance in *FHM's* biggest show as your first gig, and then following it up with a spot on the Premiere

Vixens calendar, is probably a sign of something special. The best part is that Samantha Miguel never really planned for any of this—she just happened to stumble into some of the most coveted sexy modeling opportunities available. No big deal. She also had no problem baring it all for the first time in our pages. If you ask us what comes next after such a strong start, then we don't know either. But do we need more proof of Samantha's talent? Not at all.



#### **How did you join the Vixens of 2015?**

May nag-nominate sakin, and then dinala ako ng agency ko to them. Isang photographer yung nag-nominate sakin—hindi ko nga siya kilala! Nag-message lang sakin kung pwede ako in-nominate and pumayag ako.

#### **Was he a fan of your prior modeling?**

Ka-ka-start ko lang mag-model nung 100 Sexiest show last year. Yun yung first time kong mag go-see, ramp, lahat. Wala pa akong experience before.

#### **A fast learner. Would you consider modeling as a natural thing?**

Sa ramp parang hindi, sa shoot, baka? First time kong mag-shoot nang nude talaga. Pero siguro kaya hindi ako natakot kasi yung ibang girls ginagawa naman nila—nahahangaan ako and nagagandahan ako. Hindi ko iniisip na

malaswa and mayroon naman silang napapakita!

#### **And what do you bring to the table?**

Maliit naman yata nipples ko compared sa iba—yabang eh, ha ha!

#### **So nudity isn't something to be feared?**

Hindi naman dapat iniisip na binabastos—kasi hindi naman nila ako mahahawakan, tinitingnan lang, ha ha!

#### **What else are you up to?**

Nag-start ako ng online business na damit, and naghahanap na ako ng pwesto para sa boutique. Karamihan dresses, mga pambabae. Mahilig kasi ako sa damit...tina-try ko ring ialok sa co-models ko pero nahihiya pa ako kasi bago pa lang ako and hindi ko pa sila ka-close. Ngayon palang talaga ako nag-start. Hindi ko na-expect na makakarating ako dito, so nakakatuwa.

#### **Any other fun stories about starting out?**

Lahat ng go-see ko, kahit yung sa 100 Sexiest, hindi dapat ako yung nag go-see! Laging friend ko na sinamahan ko lang, and then pipilitin ako na mag-try rin and then nakakapasok ako. Medyo mahiyain ako eh, hindi lang halata sa shoot, ha ha!

#### **So if someone recognizes you from this shoot, how would you react?**

May nagtanong na, dun sa calendar, di naman ako nahiya na amining ako yun. Thank you lang palagi, ha ha! May nag-offer na rin sakin na gumawa ng fanpage for me! And ngayon siya yung admin.

#### **We think we have a new benchmark for going from zero to a hundred in modeling with you.**

Sakto lang, ha ha! **FHM**

## **OUR FAVORITE VIXENS OF YORE**



**Linda Persson**



**Red Dela Cruz**



**Paulene So**



**Carla Bianca**



**Danica Torres**







Your place in finding your new space

The



real estate classifieds website\* with up to 200,000  
For Sale & For Rent listings to choose from!

\*According to Alexa.com and similar website (December 2014)





FIFTEENTH  
ANNIVERSARY

# TGFF

(THANK GOD FOR **FHM**)

**C**AN YOU IMAGINE A WORLD WITHOUT FHM? WELL, WE CAN'T. ALLOW US THEN TO DO A BIT OF HUMBLEBRAGGING WITH THE HELP OF THE COUNTRY'S TOP COMIC ARTISTS

FEATURING



NOEL PASCUAL &  
AJ BERNARDO



MANIX ABRERA



CARLO VERGARA



MELVIN CALINGO





# FURRY HIP MOVEMENTS

MOVES THAT GROOVE: NOEL PASCUAL

SKILLZ THAT KILLZ: AJ BERNARDO

## PARA-PARAAN

isip-isip ni Carlo Vergara  
(komikerong lumikha  
kay Zsazsa Zaturannah)



HAYNAKU, ADA!  
KUNG BAKIT MO PA  
KASI TINANGGAP ANG  
RAKET NA ITO!

ANO BA'NG  
MALAY NI ZATURNNAH  
SA PAGPO-POSE SA ISANG  
"SEXY MAGAZINE FOR MEN?"  
PARA SAAN BA ANG ISANG  
"SEXY MAGAZINE  
FOR MEN?"

ANO BANG  
GUSTONG MAKITA  
NG MGA LALAKE  
SA ISANG  
MAGASIN?

NAGBABASA  
BA ANG MGA  
'YUN? HMPH!



BAKA  
MAGKA-IDEYA  
AKO, GAMIT ANG  
MAHIWAGANG  
BATO NI...



**ZATURNNAH!!**

**ZSAZSAHHH!!**



DAPAT BUKSAN  
ANG BUONG  
KAISIPAN...

TANGGALIN  
ANG BAWA'T  
BALAKID...

PALAWAKIN  
ANG  
PANANAW...

NNHH...  
MAG-ISIP KA!!



A FEW YEARS AGO, SUMAMA  
AKO SA ISANG OPEN CLIMB. TAPOS  
'YUNG ACTIVITY SA GABI, SOCIALS,  
KELANGAN MO MAGPERFORM...

ooh!

HASSLE KASI 'DI PA  
KAMI LAHAT MAGKAKA-  
KILALA NUN.

SHET. KUNG WALANG  
FHM, 'DI KO ALAM NANGYARI,  
haha. SAKTO KASING NUNG  
UMAGA NUN E ME' NABASA AKONG  
ILAN. NAISIP KO MAGKWENTO  
NA LANG MULA SA FAVORITE  
SECTION KO,  
hehe...



MAGKU-  
KWENTO NA  
LANG AKO NG  
uh, GREEN  
JOKE...

"Ang Tatlong  
Prinsesa"



Minsan,  
sa isang  
kaharian,  
may tatlong  
prinsesa.

Medyo, uhm, tigang na sila.  
So mung magkaka-engrandeng kainan sa  
kanila, nag-isip sila ng paraan upang maka-  
diskarte kahit sa harap ng magulang nilang  
hari at reyna.

OK. SO IMBITAHIN  
NATIN MGA PRINSIPE  
NATIN, ahihi...



TA'S ITAGO NATIN ANG  
ILANG UPUAN PARA  
MAGKULANG...

OMG TRUE! SO KAKAILANGANIN  
NATIN KUMANDONG NA LANG SA  
KANILA. YEAH "KUMANDONG,"  
AHAAAA!



ANYWAY, WALA LANG. ☺ NANGYARI TULOY  
PURO GANUN NA KWENTUAN NAMIN AFTER, hehe.

WAHAHA!  
E-YUNG "MISS  
PRUKE" STORY NA  
BOY BASTOS  
ALAM N'YO?  
HAHA...

WAHA! E-YUNG PRINSIPENG  
NAGWISH SA DWENDE NA  
PALAKIHIN ARI N'YA?  
WAHAHA!...

HAHA OME! E-  
YUNG TATLONG  
MADRENG NAMAENGKE  
NG TALONG? HAHAHA...

BAWAT ISA, MAY  
NA-SHARE.  
TINAWID NAMIN  
ANG GABING  
SUPER NAG-  
TATAWANAN,  
AT CLOSE NA KAMI  
LAHAT KINABUKASAN,  
hehe.

manix  
2015

2015: GANG FHM

ALL MEDICAL EFFORTS TO THWART THE SPREAD OF THE PANDEMIC WERE UNSUCCESSFUL. SO A HANDFUL OF INDIVIDUALS TURNED TO THE NEXT BEST THING... TIME TRAVEL!

IN ONE OF THE ALTERNATE TIMELINES, A VIRUS OF UNKNOWN ORIGIN LEAD HUMANITY TO THE BRINK OF EXTINCTION.

EMMA, THIS IS OUR 30TH TIME JUMP... BUT IT'S STILL THE SAME.

ACCORDING TO THIS, ALL THE MEN HERE DEVOLVED INTO SENTIENT HOMICIDAL TOMATOES.

# THE FINAL JUMP

STORY AND ART BY: SARAH LEE, COLIN ALLEN, LARA SANTOS

WHOA! LAST TIME WE WERE HERE THEY WERE SEX-CRAZED STREET FOOD! IT'S GETTING WORSE.

WE'VE ONLY GOT ENOUGH JUICE FOR ONE LAST JUMP. BETTER MAKE IT COUNT, MARTHA!

IN ALL THE JUMPS WE'VE MADE, EVERYTHING CHANGED WHEN WE GOT BACK... EXCEPT FOR THIS MAGAZINE.

GENETIC GARDENING QUARTERLY... IT SOUNDS PRETTY HARMLESS TO ME. ARE YOU SURE ABOUT THIS?

WELL, IT'S THE ONLY TEMPORAL ANOMALY WE'VE SEEN SO FAR. I'M SETTING A COURSE FOR WHEN IT WAS FIRST CONCEIVED BY A MR. E. SHAWN. WE HAVE TO STOP THIS MAGAZINE FROM GETTING PUBLISHED!

OKAY! LET'S DO THIS.

KZZAAT!!!

SOMETIME BEFORE  
THE YEAR 2000...

SO,  
YOU KNOW,  
LIKE, BY MUTATING  
CROPS INTO  
HUMONGOUS SIZES,  
WE CAN EASILY  
SOLVE FAMINE  
AND STUFF.

SUMMIT MEDIA  
PUBLISHING  
WAITING ROOM.

UMM, YEAH,  
I GUESS. WELL,  
GOOD LUCK  
ON YOUR  
PROPOSAL...

YEAH,  
THANKS!  
YOU TOO.

ALRIGHT,  
COUGH UP THE  
GUY RESPONSIBLE  
FOR THE END  
OF THE WORLD!  
WE KNOW HE'S  
IN HERE!

UMM, EMMA,  
I DON'T THINK  
HE'S AWARE OF  
THAT YET...

HMM,  
COSPLAYERS?

LOOKS LIKE  
THIS IS OUR GUY,  
MR. EREK SHAWN.  
THE BRAINS BEHIND  
GENETIC GARDENING  
QUARTERLY. WHAT  
SHOULD WE DO  
WITH HIM?

UH...  
H-HELLO...  
DON'T KILL  
ME, PLEASE?

HE'S A  
DANGEROUS  
MAN. WE CAN'T  
LEAVE HIM HERE.  
HE MIGHT PULL  
ANOTHER STUNT  
THAT MAY CAUSE  
THE END OF  
THE WORLD...

B-BUT IT'S A  
GARDENING MAG...

COME WITH  
US IF YOU  
WANT TO LIVE.

Y-YES  
MA'AM!

LOOKS LIKE  
WE DID IT!  
ACCORDING TO THE  
TIME TABLE, THE  
MAGAZINE WAS  
NEVER PUBLISHED.  
IT'S BEEN REPLACED  
BY THIS MAG. WE  
SAVED 2015!

REALLY?  
MY PROPOSAL  
PULLED  
THROUGH?  
WOOHOO!

DID YOU HEAR  
WHAT I SAID?  
WE DID IT, EMMA!

EMMA?

HEY, YOU DON'T  
LOOK HALF-BAD.  
YOU KNOW, I HAVE  
A CAR OUT BACK,  
MAYBE YOU  
AND I COULD,  
YOU KNOW...

AHAHAHA  
I AM SO  
CONFUSED  
RIGHT NOW.

END.

# cult of celebrity★

While the rest of the big names  
are busy being bigger,  
there are those who burble underneath,  
building a loyal following.  
**Start noticing them**

## PHOTOGRAPHY

XANDER Angeles  
NIKO Villegas  
EJAY Leung  
RIA Regino

## PRODUCTION DESIGN

GENIE Ranada-Babista

## STYLING

DEB Bernales  
BADJ Genato  
PATTY Yap

## GROOMING/MAKEUP

ANNE Castaño  
JANINA Dizon  
AMANDA Padilla  
RHOY Cervantes  
CARLA Avanceña  
ISABEL Rivera



## Father Almighty

**Pen Medina**  
*Actor*

In an industry crazy for six-pack abs, love teams, and flamboyant social media celeb exchanges, it's easy for Pen Medina to lurk in the shadows. Thankfully, he doesn't. He can't. The Pampanga-native takes on even the teeny-weeniest of roles with utmost potency it almost feels like a punch in the gut. Four of his kids are now in showbiz, you'd think their household is one recurring acting workshop. His name, the legacy of the Medinas, will ring a bell for a very long time. Not even as he currently sticks to life's simple pleasures: painting, writing a book on acting, and generally owing everything to old-school Russian acting methodist Constantin Stanislavski (late 1800s-era, man). As he leaves the shoot, he carries on his shoulders an empty reusable bag: "I'm off to shopping," he tells us. "I'm going to shop for books." We like this man.

—ALEX C. PAITA

## Romance is vulgar

**Bb. Joyce Bernal**  
*Director*

Filmmaker Joyce Bernal hands you the kind of romance that doesn't lie about love. Her films speak directly, investing in its characters' vulnerability, allowing them to feel pain before love. Romance, Joyce believes, is fuelled by the undercurrent of sexual attraction. "*Yan yung mga bagay na nagagawa mong nakakahiya. Yun yung totoong nararamdaman, yung nakakahiyang aminin pero wala kang control. Kahit na pigilan mong yung kilig, libog o init ang katawan mo, wala kang magagawa.*" She pushes her actors to their limit, if only to capture that genuine smile or disarming gaze. "I have to make them comfortable with themselves *para maging totoo sila sa sarili nila... Tapos kung kinakailangang ibugaw sila, ibubugaw ko sila!*"

If she had it her way, the 46-year-old director would helm sex dramas: "*Yung may grit. Yung masakit. Yung may sex!*" Joyce has always had the propensity for the vulgar: "*Gusto ko yung character kapag kaya niyang magsalita ng words na 'kantutan.'* Kasi ako, kaya kong sabihin yun! Buti na lang, hindi ako naging artista!" -ABBY MENDOZA



**ASX**

# A Total Knockout



**The 2015 Mitsubishi ASX. It's a knockout with its one-two punch combination of stunning looks and amazing features.**

There is only one vehicle that can complement your passion, grace and independence and that is the Mitsubishi ASX. Beauty and power never came together this well thanks to its fuel-efficient 2.0L MIVEC engine, Super Wide Range HID Headlamps (GSR), LED Daytime Running Lamps with Fog Lamps (GSR), Advanced Entertainment System, Genuine Leather Seats (GSR), Panoramic Glass Roof with Interior LED Illumination (GSR), newly designed 17-inch Alloy Wheels, and an improved CVT system that delivers utmost fuel economy.



Dynamic features of the **ASX**



Panoramic Glass Roof with Interior LED Illumination (GSR)



2.0L MIVEC Engine (4B11)



Engine Start / Stop System



Paddle Shifters and Cruise Control



Super Wide Range HID Headlamps (GSR)



LED Daytime Running Lamps with Fog Lamps (GSR)



New Design 17" Alloy Wheels



New CVT System

## Exceed Your Expectations.

cult of celebrity





# Laugh at the Pogi

**Sef Cadayona**  
*Actor*

While we're all looking the other way waiting for the next big name in Pinoy comedy, Sef Cadayona is happening in the fringes and what we don't know, or don't notice, is that he is learning much more and much faster than any other young student of laughs. If he hadn't pointed it out himself, we would have overlooked the obvious: He is an apprentice of two masters—Michael V. in *Bubble Gang* and Vic Sotto in *Vampire Ang Daddy Ko*. What's more, his apprenticeship isn't just a rare occasion, it's a weekly session, and one that could go on for the full stretch of Sef's career considering *Bubble Gang* is turning 20 and shows no sign of weakness and Vic Sotto is, well, the new King of Comedy. And is Sef taking all the lessons to heart? It certainly looks like it. He is able to work with time-tested Pinoy comedy formulas like the gay role and put a more contemporary spin to it through character-building. Proof that Sef may be on to a new school of local laughs is that he has broken a sacred cardinal rule in Pinoy comedy: *Dapat pangit ka*. If his shelf life lasts longer than most newbies in the humor circuit, his cult of *pogi* comedy (and by this he is not even being ironic) could become the new standard. —ALLAN P. HERNANDEZ



## Eye of the Storm

**Atom Araullo**  
*News Reporter*

Ask Atom about "success" and he'll say that it's the least of his concerns. "We'll get there," he believes, meanwhile acknowledging his little triumphs at the end of the day: finishing a good story, airing on time, not ruffling someone's feathers ("which is sometimes a badge of honor, too"), or crossing out "buy shampoo" on his to-do list. Being a full-time journalist is demanding and right away marries a person off to the profession and thus involves big sacrifices. Admittedly, Atom says it's a love-hate relationship with his job: "Some people say they fall in love with journalism? I'd like to meet them!" Despite that, he perseveres even if it requires braving the most destructive typhoons or reporting live from a conflict situation. "You're always at the forefront of change, and for that reason, it's always exciting and you feel like you're part of history as it is unfolding," he says. Other men find fulfillment in a new car or their lavish trips abroad, Atom finds his in chasing after stories mainly for the enriching experiences he gets out of them. Us regular joes have a lot of catching up to do. —**ABBY MENDOZA**



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# Confidence Man

**Empoy**  
*Comedian*

If you ask Julius “Empoy” Marquez who he thinks is the most handsome man in the world, he’ll answer you, without batting an eyelash: “Me.”

And he’s sure about it. “*Alam ko naman na sa sarili ko [na gwapo ako], yung mga tao na mismo yung nanghuhusga,*” Empoy tells us. And just when we thought that the mood was about to get serious, he calmly fixes his seat and looks at us straight in the eye and asks: “*Parang araw-araw na lang bang gwapo ako?*” We did say that funny is the new *pogi*, after all.

Empoy’s innate knack for comedy is what separates him from the sea of comedians of this era. His brand of funny is something more rooted, more familiar. It’s like reuniting us back with our high school mate who plays clown to everyone. Or, if we have to put it in words exactly, he’s the class clown who turned the whole country into his own campus. “*Ako yung puppet nila dati [sa classroom], sobrang maharot ako sa room,*” Empoy reminisces. “*Hanggang ngayon, sabi nila sa akin, yung kalokohan ko dati pa, pinagkakakitaan ko na ngayon,*” narrates TV5’s ace comedian.

But wait. There’s no way he didn’t have an ugly phase growing up, right? “*Nung inahit ko yung bigote ko nung 1999, nagmukha akong tomboy. Hindi ko na inulit ‘yun at ayoko nang maging tomboy ulit.’*”

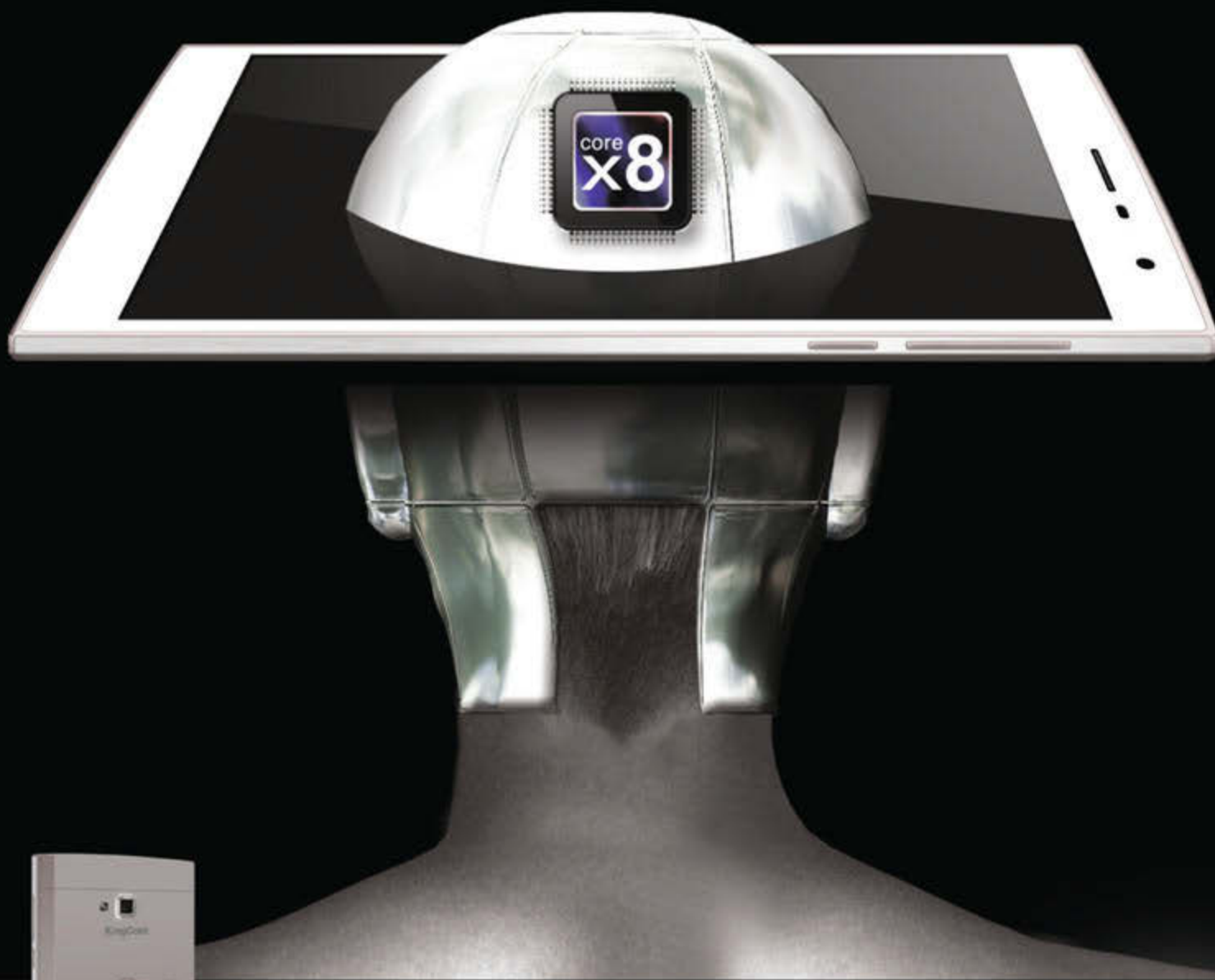
—RONJAY EDUVAS

## Fate No More

**JM de Guzman**  
*Actor*

JM de Guzman can kick your ass. But he wouldn't. He's the type of dude who believes in destiny and claims to be a hopeless romantic, complete with puppy dog eyes that could turn your girlfriends into hot mush. Despite being a decorated wrestler and an amateur MMA fighter, the actor has that easygoing flair and sensitive demeanor present in the humblest of artists. His greatest nemesis, though, was himself—a bout with illegal drugs and a stint in rehab temporarily stalled his career. But that's all in the past now. Redemption eventually came to him in the form of an indie festival rom-com *That Thing Called Tadhana*, where he played a wayward soul who, through a chance meeting, saves former *FHM* cover-girl Angelica Panganiban from the wrong kind of love. It was a role he fought for. "Unpredictability steps in when you take risks," he says. "That's where you'll discover and see your limits, and hopefully, break past them." Despite his personal beliefs, it seems like there's no place for divine providence in JM's life. It's looking like he's got things quite covered. —ANTON D. UMALI

# Give me 8 cores!



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# Hunger Games

## Boy Logro Chef

"They say I'm a *lola* killer," Chef Boy Logro quips, implying that his long-running culinary show on GMA-7, *Idol sa Kusina*, is mostly limited to a senior citizen viewership. Of course he's being humble. Everyone with a fully functioning digestive system knows who he is. But Chef Boy took no shortcuts to get to where he is now, despite not having any formal training in the culinary arts. In the '70s, he started out as a houseboy at a Chinese restaurant in Quiapo, where he was eventually introduced by a non-English/Tagalog-speaking cook to the basics. "It was all eye contact, movement, and sign language," he tells us. "*Kaya siguro na-practice ang aking imagination.*" From there he made the rounds, his gigs as the personal chef of the Sultan of Qatar and the first Filipino executive chef at a five-star hotel in Manila being the biggest. From his earnings as the country's highest-paid chef (P350,000 in 1992? Sick!), he was able to build his own culinary school in his Cavite hometown. For him to be eyed by a TV station to do a culinary show was inevitable. He's made for it. Throw in years of experience in international cooking together with an appetite for all things animated and funny, and you get your Chef Boy Logro. That's his recipe for success. "*Masinop ako,*" he tells us, when asked what his secret is. "*Kailangang dasalan mo yung pagkain bago mo ibigay sa client. Bigyan mo ng blessing.*" And yes, don't forget to repeatedly say "yum" and "ping." —ALEX C. PAITA

PHOTOGRAPHY: EJAY LEUNG; PRODUCTION DESIGN: GENIE RANADA-BABISTA; STYLING: DEB BERNALES; GROOMING: AMANDA PADILLA, RHOY CERVANTES





## The Misfits

**Jun Sabayton,  
RA Rivera,  
Ramon Bautista,  
and Angel Rivero**  
*Taste makers*

Stringing together this quad of unlikely misfits is like getting a group of actors in a '70s-themed comic show, the laugh track on constant roll for sustained excitement. That may seem true in this photo. But scrap the afro wigs and the retro safari outfits and we have here pure geniuses whose own brands of intellectual and slapstick comedy entertained audiences in their own reality comedy show, *Strangebrew*. Over a decade later, these artists are still giving their audience a run for their money—if there is even some involved—in the different media platforms they are now in. When asked what their individual formula is to sustaining a following, their unanimous take is to remain in limbo—where you break the fine line between mainstream and independent media, and the youth and the young-at-heart. “*Kaya rin siguro malakas ang connection namin sa thinking youth, kasi they relate with our humor and concerns,*” says Ramon Bautista. Congratulations to you, if you dig that.—PONG M. CASTILLO





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## The Messenger

**Abra**  
*Rapper*

Something usually brought up against mainstream OPM—and Filipino entertainment in general—is the lack of a deeper message. We won't lie, that is true based on the average top ten chart, but it's also the audience's responsibility to find the good out there, such as Abra's discovery of local rap. "*Dati ni-ra-rap ko lang mga rap nina Eminem, Bone Thugs...then nung high school bigla akong natawid sa Pinoy rap. Tsaka ko na-appreciate na pwede pala sa sariling lengguwahe na gumawa nang kasing lupit na rap. Yung gumawa ng art form na gamit ang sarili mong kultura at lahat-lahat.*" And he's quickly risen from the underground to the caliber of idol that inspired his younger self to pick up the mic and spit for a cause.

Music is entertainment, but having an anthem to rally behind has inspired great things—it's ironic that a genre best known for smooth but empty boasts about swag and bitches has transformed into one of our richest veins of poetry—with Abra at the fore. "*Hindi dapat ginagaya yung Western [rap style] kasi iba yung kultura rito... hindi na pasiklaban, hindi pataasan ng ihi. Wala napapala—sayang lang yung buhay kung ganon. Mas marami pang importanteng pag-uusapan, lalo na't ang bansang ito, sobrang daming problema. Ang dami mo pwedeng pag-uusapan.*"—**ASH L. MAHINAY**



## Neo Folk

### Johnoy Danao Musician

Inviting Johnoy Danao for a photo shoot might not be the best idea. He instantly turned meek the moment he got in the studio, seeming like under the spotlight was not where he's supposed to be. But that's exactly where we wanted him to be. He sang to shake off his nerves, to build rapport, and to put everyone, including himself, at ease. "*Hindi ako sanay rito*," he says, while strumming his guitar and easing into his hit "Ikaw at Ako." It wasn't long before the whole studio turned silent, leaving only the sound of his guitar and his raspy voice echoing. We knew he was in his zone. Seeing a man with a guitar may seem mundane and could easily turn anyone into a musician, but hearing Johnoy's signature voice will prove why he was dubbed the "Philippines' best-kept secret" by one Mo Twister. They say all secrets are meant to be revealed—we're proud to tell of this one. — PONG M. CASTILLO

# Acting Force

## Eugene Domingo *Actress*

"I'm a rebel," says Eugene Domingo, when asked if she has that less-sunny, more brooding side most comedians hide under the guise of a smiling face. "I try to fight the stereotype, the labeling. I don't really think that it's the dark side of me, but I'm always for, and have always been for freedom."

Conversing with the actress/comedienne/host, it's clear that she's dead serious when it comes to her thoughts on self-expression, her brand of sly and quick-witted humor only peppering her astute answers along the way. It's a quality that has made her a favorite among the pioneering filmmakers of the independent circuit.

"I'm always open to indie films," she says. "It's always good to be fearless. It's always good to trust and take risks, not only on yourself, but also on others. You should not only want to work with the experts, but with the young ones. The promising generation. The young blood."

Despite being extremely passionate when it comes to matters of artistry and craft, she's still capable of instigating riotous laughter. For her, comedy is second nature. And the clammy studio, which serves as the set, morphs into a factory of punch lines as soon as Eugene opens her mouth.

She pokes fun at her surprisingly plump breasts—very round and hard to ignore—in the boudoir negligee-like outfit that reminds of her most famous

PHOTOGRAPHY: XANDER ANGELES; MODEL: DANIEL SANCHEZ; CLOTHES: ???; PRODUCTION DESIGN: GENIE RANADA-BABISTA; STYLING: PATTY YAP; MAKEUP: CARLA AVANCEÑA; HAIR: ISABEL RIVERA; BLACK LACE JACKET FROM JAZ CEREZO; PANTS FROM #IMPHILIPPINES; SHOES FROM MISS SELFRIIDGE





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>>>>

character, the executively bitchy Kimmy Godonghae of the *Kimmy Dora* franchise ("Alam ko na! Labas na lang dalawang utong ko 'tas nakatakip na lang ako sa mukha!"); she challenges the interview questions in a joshing manner ("Ano ba mga tanong? Kung itatanong niyo lang kung paano ako nagsimula, putangina i-Wikipedia niyo na lang yan!"); and muses on the qualities that have steeled her funny-game ("Fifty percent is natural timing and being born with it. And fifty percent is experience and exposure to comedy. It's a lifetime acquisition of all the knowledge you can get.").

Eugene, however, is a hundred percent when it comes to acquiring critical and commercial success. Her professional motivations are simple: "My goal as a celebrity is really to entertain." This shines through in her work. From her award-winning turn as Mylene Dizon's best friend in Cinemalaya darling *100* to the hyperbolic caricature of an actress in the award-winning surprise box-office hit that was *Babae sa Septic Tank* to the more recent small-town drama *Barber's Tales*, her commitment to the story is never mired in mediocrity. She always leaves the audience hungry for more. And all she needs: a hard-earned belief in the script.

"I'm particular about the script," she shares. "And how the production will feed me of course. And *kung may standby area*—I'm very particular about these things. You can actually get me for free, walang talent fee, if I really believe in the story. *Kung astig na astig yung material* and I love it, you don't need to pay me...but please feed me."

In other words, *walang kakiyeme-kiyeme*. —  
ANTON D. UMALI



THE

Great

FHM

Throwback



ANTON D. UMALI



Despite what your IG-obsessed younger sister says, throwbacks are not just for Thursdays (or Instagram, for that matter). The #tb is done to re-immortalize a moment. A memory. A milieu. It just so happens that a huge part of what this magazine celebrates is the female form. We recreated our (and your) favorite photos with some of the sultriest new faces on *FHM*, as seen through the lenses of our current photographers. The result: a wild, pants-tightening trip down memory lane!

*Gold*



AUGUST 2004  
Aubrey Miles

PHOTOGRAPHED BY  
Xander Angeles

Whats gold is gold forever. To celebrate a strong 50, we ditched the birthday cake for something more blinding and ageless. Just like the female form in its solid prime. Malleable and effortless in its luster. Impervious to tarnish. Gold inspires envy. History has proven this. It inspires romance and tragedy. Midas learned this the hard way. It also inspires greed. Pirates quested the high seas for bounty. Gold comes in coins. Gold comes in nuggets. But no matter what the form, no matter what the shape, and no matter what the origin—in the end, what's gold is gold forever.

MODEL:  
**Nicole Alexandria**  
PHOTOGRAPHY:  
**Ejay Leung**  
of Midnight Bonkers  
STYLING:  
**Debra Bernales**  
MAKEUP:  
**Janina Dizon**  
HAIR:  
**Emmanuel Hernandez II**  
PRODUCTION DESIGN:  
**Genie Ranada-Babista**





*Raw*



MAY 2008  
Precious Adona

PHOTOGRAPHED BY  
Doc Marlon Pecjo

In your face. A come-hither look that epitomizes the definition of a man-eater. Hair slicked back, exposing a jaw line that rivals the most dangerous of animals. There's an illusion of risk: strategically exposed and vulnerable, yet everything delicate hidden. The sexual appeal is in the duplicity. Simultaneously wet and hot. Coy, but confident. Both the predator and the prey.

MODEL:

**Grey Gomez**

PHOTOGRAPHY:

**Ria Regino**

of **Fat Cat Studio**

STYLING:

**Debra Bernales**

MAKEUP:

**Amanda Padilla of At East | Jed Root**

HAIR:

**Rhoy Cervantes for L'oreal Professionel**

PRODUCTION DESIGN:

**Genie Ranada-Babista**







## Tutti Frutti



FEBRUARY 2009  
Katya Santos,  
Maui Taylor,  
Andrea Del  
Rosario

PHOTOGRAPHED BY  
Doc Marlon Pecjo

It started with the apple. Eve wanted a taste. Naturally, Adam followed. The fruit as a symbol of sin is epic. Biblical in fact. And just like Eve, three of the finest muses revealed in their nakedness, fruits resting on their God-given gifts. Some described it as tacky. Others celebrated the juicy, nourishing images it conjured in their imaginations. But one thing that's indubitable: it was indulgent in all the right ways. And just like Adam, men succumbed to the influence of Woman, drawn to the temptation of original sin.

MODEL:  
(From Left)  
Cristina Oquias, Lhea  
Bernardino, Micah  
Sosmeña  
PHOTOGRAPHY:  
Ria Regino  
STYLING:  
Debra Bernaldes  
MAKEUP:  
Amanda Padilla  
HAIR:  
Rhoys Cervantes  
PRODUCTION DESIGN:  
Genie Ranada-  
Babista

*You'll do  
everything  
not to  
drop her.*

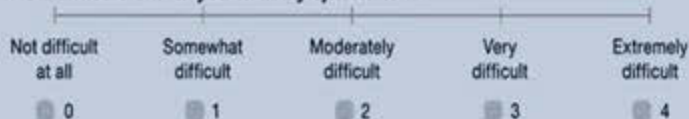
*You should also  
do everything  
to have premature  
ejaculation treated.*

**Almost 1 in  
3 men has  
Premature  
Ejaculation.  
But now, there's  
real hope.**

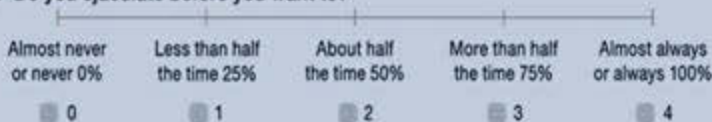
ASC REF. CODE P052N011215P

## TAKE THE TEST NOW!

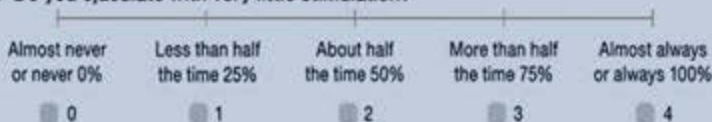
1. How difficult is it for you to delay ejaculation?



2. Do you ejaculate before you want to?



3. Do you ejaculate with very little stimulation?



4. Do you feel frustrated because of ejaculating before you want to?



5. How concerned are you that your time to ejaculation leaves your partner sexually unfulfilled?



**Add up your score:**

Total score less than or equal to 8: No premature ejaculation

Total score 9/10: Probable premature ejaculation

Total score greater than or equal to 11: Premature ejaculation

Reprinted from Symonds T, Pelegrin MA, Althof S, Gutaric F, Martin M, May K, et al. Development and Validation of a Premature Ejaculation Diagnostic Test. European Urology. 2007; 52:555-573, with permission from Elsevier.

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ASK PE Hotline 997-0073

A PUBLIC SERVICE MESSAGE FROM



PHILIPPINE  
UROLOGICAL  
ASSOCIATION,  
INC.

ASC REF. CODE P095N012915P

## Besties



JANUARY 2002  
Jackie Forster and  
Joanne Quintas

PHOTOGRAPHED BY  
Ronnie Salvacion

"Two heads are better than one," goes the old adage. Better especially if the heads in question belong to two sultry, statuesque stunners. Better still if they're real-life bosom buddies. But the best would be being part of this special friendship in a ménage of flesh. It's the promise of two women at once. Faces touching. Lips touching. Breasts cupped by the other's hands. You watch. You want to join in. But alas, fantasies breed exclusivity. Remember: two is a party, three is a crowd.

### MODELS:

Jahziel Manabat  
and Abby Poblador

### PHOTOGRAPHY:

Ejay Leung

### STYLING:

Debra Bernales

MAKEUP AND HAIR:

Anne Castaño



**FREEDOM  
STYLE  
SEX · POWER  
MOTION**

  
**Von Dutch**  
ORIGINALS





FEBRUARY 2004  
Myles Hernandez

PHOTOGRAPHED BY  
Rene Mejia

MODEL:  
**Yassi Benitez**  
PHOTOGRAPHY:  
**Roy Macam**  
STYLING:  
**Debra Bernales**  
MAKEUP:  
**Amanda Padilla**  
HAIR:  
**Rhoy Cervantes**

## Shower Tour

We shower for hygiene. To wash away bodily grime accumulated from a hard day's work. Water, cooling down a warm-blooded body. It's routine. It's mundane. It's quite clinical. But what if showering was used to stir up dirty thoughts? The hands gently touching the most sensitive of body parts in an act of cleansing. It's a daily baptism. There's simplicity in the image of the soaking wet female form, the possibility of unwarranted exposure seeping its way through all that dampness. The body may be clean, but the mind is still pretty dirty.



FEBRUARY 2004  
Kristine Jaca

PHOTOGRAPHED BY  
Rene Mejia

MODEL:  
**Angela Gabrielle**  
PHOTOGRAPHY:  
**Roy Macam**  
STYLING:  
**Debra Bernales**  
MAKEUP:  
**Amanda Padilla**  
HAIR:  
**Rhoy Cervantes**



FEBRUARY 2004  
Jen Rosendahl

PHOTOGRAPHED BY  
Rene Mejia

MODEL:  
**Sheila Snow**  
PHOTOGRAPHY:  
**Roy Macam**  
STYLING:  
**Debra Bernales**  
MAKEUP:  
**Amanda Padilla**  
HAIR:  
**Rhoy Cervantes**



FEBRUARY 2004  
Gwen Garci

PHOTOGRAPHED BY  
Rene Mejia

MODEL:  
Bianca Peralta  
PHOTOGRAPHY:  
Roy Macam  
STYLING:  
Debra Bernales  
MAKEUP:  
Amanda Padilla  
HAIR:  
RhoY Cervantes



## Eye Candy



MARCH 2002  
Assunta De Rossi

PHOTOGRAPHED BY  
Xander Angeles

Time is the scarcest commodity. And in effect, man is always chasing after youth. Our desire, hunger, and fixation with the young extend to our admiration of the opposite sex. There's mystery in the allure of the nubile. Fresh. Ripe. Biologically superior yet perfectly naïve. Vladimir Nabokov immortalized its consequence on those who fell under its spell. And just like the *Lolita* novelist, here we celebrate the age of innocence and its studious taste for knowledge.

MODEL:  
**Aica Sy**  
PHOTOGRAPHY:  
**Ejay Leung**  
STYLING:  
**Debra Bernales**  
MAKEUP:  
**Amanda Padilla**  
HAIR:  
**Rhoy Cervantes**



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**sa**  
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ASC No.: S050P121014S



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SPORTS WATCH



**SUZUKI HELMET**

*Feel the Burn*



MARCH 2009  
Maggie Wilson

PHOTOGRAPHED BY  
Doc Marlon Pecjo

Among the elements, fire is the one man is most drawn to. Its dancing finger-like flames beckon to our most primal nature. Where it burns we stare. Where it emanates comforting warmth we move close to. It has helped our species thrive. Evolve. Survive. But fire, as much as it has been mankind's companion, is also inherently dangerous. It can burn at the slightest touch, capable of devastation and ruin. Just like a fiery, feisty woman in heat, fire can mean the difference between life and complete destruction.

MODEL:  
**Maica Palo**  
PHOTOGRAPHY:  
**Roy Macam**  
STYLING:  
**Debra Bernales**  
MAKEUP:  
**Ria Gamboa**  
HAIR:  
**Rhoy Cervantes**  
PRODUCTION DESIGN:  
**Genie Ranada-Babista**

\*\*\*\*\*  
BIKINI FROM CESA





# Wild



MARCH 2011  
Solenn Heussaff

PHOTOGRAPHED BY  
Mark Nicdao

The lure of the untamed is in the truth that, at any time, the creature in question can turn on you. With a bite. With a kick. With an innate hunger to break free. Although we hold pulchritude to high regard, the thoroughbreds don't fool anyone. At heart, they are still stallions, waiting for their chance to jump the fence and gallop freely through open fields. We may impose our false sense of sophistication on them. Bind them with our leather straps and bridles. But the reality is, you can't cage the primeval. You can't contain what's wild at heart.

MODEL:  
**Kookai Sarmiento**  
PHOTOGRAPHY:  
**Roy Macam**  
STYLING:  
**Debra Bernales**  
MAKEUP:  
**Janina Dizon**  
HAIR:  
**Emmanuel Hernandez II**

BIKINI FROM  
FRENCH DOLLS

# SERMONS FROM THE LOURD

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or download the Buqo app for iOS or Android.



*the  
Hitchhiker*



SEPTEMBER 2009  
Cristine Reyes

PHOTOGRAPHED BY  
Mark Nicdao

If you were on a road trip and happened upon a damsel in distress in the middle of nowhere, what are the chances you'd hit on the brakes and lend a helping hand? If you were chivalrous, you'd most likely stop. Look under her hood. Offer to change her flat. Exchange a bit of car knowledge in an effort to impress. But if you were really clever, (like really, really clever) you would pretend that the problem was unfixable, forcing her to hitch a ride. A wise man once said that the road to perdition is paved with good intentions. But the wisest of men know, that the road to bliss is painted with just about the same.

MODEL:

**Debbie Garcia**

PHOTOGRAPHY:

**Ria Regino**

STYLING:

**Debra Bernaldes**

MAKEUP:

**Janina Dizon**

HAIR:

**Emmanuel  
Hernandez II**

BIKINI FROM CESA

SPECIAL THANKS TO  
MAZDA PHILIPPINES







# TRAPPED IN THE CLOSET

LOOKING BACK AT HOW WE'VE DRESSED SO  
FAR, WE HAVE TO SAY: IT WASN'T SO BAD...



WARREN ESPEJO



ASH MAHINAY

Sarah Meier!



Behold: the  
very first  
fashion ed

Francine Prieto!

Jay-R!

Maïke Evers!

## 2000-2005



This half-decade had some major baggage—and by that we mean everything was billowing excess fabric all over the place. And living up to the larger-than-life situation back then, it was also the heyday of the party shirt—the wildly colored button-down you wore to the club with your square-toed dress shoes.

Suits: Baggy

Your  
barkada in  
the club,  
circa '02

Made out of  
unidentified  
reptile

James  
Younghusband  
fresh off the  
boat

# 2006-2010



Before  
douchebag  
sandos,  
we had  
douchebag  
baby tees

Was it colder in the Philippines back then? Because jackets of all forms were pretty much the uniform. And lying underneath those cover-ups, you'd probably find a statement shirt or those muscle-y shirts with ribbed collars and sleeves. And while we might not have learned to slim down our pants just yet, we're grateful no one wears baby tees anymore!

Remember  
shutter  
shades?

Rise of the  
nerd look

Rather than a signature look, the past five years have been the time of the micro-trends: Hipster glasses. Cardigans. Blazers over everything. No socks. Fancy socks. Dress shoes all the time. Sneakers all the time. About the only thing that hasn't come back into vogue is everything baggy all over again—but we think the jogger trend is pointing us that way ever so subtly.

Rise of the  
nerd look

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**T H E C L A S S O F**

**2 0 1 5**

*FHM's three picks to dominate this season*

PHOTOGRAPHY:  
**EJAY LEUNG  
OF MIDNIGHT  
BONKERS**

WORDS:  
**ASH MAHINAY**

GROOMING:  
**ANNE CASTAÑO**  
STYLING: **TON LAO**

SHOT ON LOCATION  
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NIGHTCLUB,  
38TH COR. 9TH  
AVE, UPTOWN  
BONIFACIO, TAGUIG

SPECIAL THANKS  
TO JAGUAR  
PHILIPPINES,  
AUTOSTRADA  
MOTORE INC.  
AND APS EVENT  
SECURITY &  
LOGISTICS CO.





# JARED DILLINGER

SMALL FORWARD

MERALCO BOLTS

Every team has the showy high-scoring player, but you should never underestimate the importance of on-court leadership. Jared Dillinger may have the flashy beard to fear, but he's also been there, done that with the whole young hotshot phase. And when the season approaches the business end, you want someone with a level head, a safe pair of hands—and some wicked shooting—to steady the ship. We're picking the Bolts team captain as our rock for 2015. Oh, and as further proof of him being the responsible example to the team and all, Jared also told us he couldn't be late to practice after our shoot—but then he should have no problem with a ride like this.

SUIT, ZARA;  
NECKTIE, BROOKS  
BROTHERS



# JAPETH AGUILAR

FORWARD

GINEBRA SAN MIGUEL

While he already literally towers over many players in the division, Japeth has been raising his game to a higher level as well. He may have narrowly missed out on the NBA, but he didn't let that break him. He kept his head down, kept hustling, and is now one of the premiere big men in the conference and national squad. In fact, Japeth came straight from practice for this shoot. That's why we decided to give the man a little R&R before his next towering performance. Dunks included.

DRESS SHIRT,  
PENGUIN; TROUSERS,  
ZARA



styleXV





# CHRIS LUTZ

FORWARD

SAN MIGUEL BEERMEN

“Kidlutz” may be flashing the cash, but he doesn’t just fuck around with the paper—what the man really collects is championships. Don’t think Chris has claimed his growing ring collection by being a passenger, though; the forward/guard has been carrying a fair share of the load on his shoulders—and sometimes even more. Rising stars are supposed to stay humble and not let the fame monster get into their head—but every now and then you need to feel like a pimp and you got to brush your shoulders off. It’s not bad to have a reminder of why you play hard after all.

SHIRT AND SUIT,  
ZARA

# 15 YEARS' WORTH

Serious bro advice and quips you won't read anywhere else?

**I'm completely shareware.**  
I believe in "principled piracy."

—CONRADO DE QUIROS, April 2001

**Hindi naman  
totoong  
in love ka  
kaagad.**  
Attraction  
muna, then  
inspiration  
and then  
perspiration.

—VIC SOTTO, April 2002

My height  
**HAS HELPED  
ME STRIVE TO  
HAVE A BETTER  
PERSONALITY;  
IT'S UNIQUE  
IN AN  
attractive  
way.**

—OGIE ALCASID,  
October 2003

Loyalty,  
respect, and  
friendship are a  
two-way thing.

**You want  
friendship,  
loyalty,  
support,  
goodwill?**

You must also  
give it to  
your men.

—FIDEL V. RAMOS,  
October 2009

**If you really  
want to  
fire up your  
wife or  
girlfriend,  
always  
make her  
feel secure.  
Reassurance  
combats  
insecurities.**

—COACH YENG  
GUIAO, November  
2001

ANG MGA PINOY NA LUKU-LUKO AT ABUSADO,

**sobrang makakapal ang  
mukha.** The only way to  
call their attention is to  
call them names.

—ERWIN TULFO, November 2004

How can I convince  
na humanap ka ng

**PANGIT**

kung may itsura ako?

—ANDREW E., May 2002

Ang **FATHER** ko, galit sa mga sinungaling. Ako,  
sinungaling lang naman ako sa **ASAWA** ko.

—BONG REVILLA, March 2002



**FEAR**  
**IS A WAY FOR  
PEOPLE TO  
SURVIVE. IT  
MAKES YOU  
SMARTER.**

—HOWIE SEVERINO,  
June 2002

**I'M THE TOTAL OPPOSITE OF MY  
ON-COURT PERSONA. SOMETIMES  
I EVEN ASK SOMEONE ELSE TO  
APPROACH A GIRL FOR ME.**

—MARK CAGUIOA, April 2002

**YOU SEE, I WASN'T  
AFRAID TO BE 40 WHEN  
I WAS 30, OR 50 WHEN I  
WAS 40. EVEN DEATH, I'M  
NOT AFRAID OF DEATH.  
EVERYBODY HAS TO GO.**

—EDDIE GARCIA, October 2009

# OF MAN WISDOM

We've gathered quite a few...

Compiled by ALEX C. PAITA

**THEY SAY I'M  
A GOOD TRAINER,**  
but I say I'm a  
good trainer  
because I  
surround myself  
with talent.

—FREDDIE ROACH, March 2005

**SIGURO ANG PICKUP  
LINE NAMIN WOULD  
BE, "I'M ALONE  
TONIGHT." TAPOS  
MAG-UUNAHAN NA  
YUNG GIRLS.**

—JOEY DE LEON, March 2005

**I CALL MYSELF UGLY  
AT TIMES. I'VE NEVER  
SEEN MYSELF AS  
A HEARTTHROB  
AFTER ALL.**

—AGA MUHLACH, April 2008

Knowledge is EVOLVING. THE MORE YOU KNOW, THE MORE THAT YOU REALIZE  
THAT YOU DON'T KNOW *everything.*

—KIM ATIENZA, October 2007

**YUNG  
PAGKA-  
NAUGHTY KO  
AY PAGIGING  
TYPICAL  
FILIPINO NA  
PILYO.**

—WILLIE REVILLAME,  
June 2004

**Do I regret I am  
not Pepe Smith?**

**Hindi. Si Pepe, si  
Pepe yun, ang  
sapatos niya size 17,  
ako size nine lang.**

—MARCUS ADORO, June 2008

**Doubt and fear allow you to  
bring out the best in your ability.**

**YOU DON'T  
WANT TO FAIL.**

**You do want to perform at your best.**

—JIMMY ALAPAG, October 2014

**NI ISA SA MGA  
INIBIG KO,  
wala namang  
nagreklamong  
niloko ko.**

—ROBIN PADILLA, March 2010

**Maverick:** WE'RE NOT TRYING TO BE  
PERFECT. WE ARE PERFECT. KUMBAGA, BE  
PERFECT. THAT'S OUR MOTTO. IBA YUNG  
TRY, IBA YUNG BEING. IBA YUNG "WANNA  
BE." KAMI YUNG "BE." PERFECT.  
**Ariel:** YOU ARE LEARNING OUR LESSON.  
PASENSIYA KA NA, WE'RE QUITE  
PROVERBIAL.

—MAVERICK & ARIEL, December 2004

**I'M ONE OF  
THOSE PEOPLE,  
THE KIND OF  
GUY WHEN  
I'M EATING  
I'M ALREADY  
TALKING ABOUT  
WHAT I'M  
GOING TO EAT  
ON THE NEXT  
MEAL.**

—ANTHONY BOURDAIN,  
January 2009

**YOU WIN ONE GAME, YOU  
DON'T SLEEP MUCH. YOU LOSE  
ONE GAME, YOU DON'T GET TO  
SLEEP AT ALL.**

—RYAN GREGORIO, March 2006

**PAG NAGMAHAL KA,  
MAGIGING  
TANGA KA  
TALAGA,  
WHETHER YOU  
LIKE IT OR  
NOT.**

**MAGPAPAKATANGA KA  
KASI UUNAHIN MO YUNG  
PUSO MO.**

—PAPA JACK, February 2009

**WHEN I GO  
OUT IN THE  
RING, I'M  
TOTALLY  
FOCUSED.**

**YOU CAN  
HAVE NAKED  
WOMEN  
EVERYWHERE  
AND I  
WOULDN'T  
EVEN PAY  
ATTENTION  
TO THEM.**

—BRIAN VILORIA,  
December 2005

**SUCCESS**

**DOESN'T  
COME  
WITHOUT  
A SOLID  
WORK  
ETHIC.  
THAT'S  
THE KEY.**

—RAIMUND  
MARASIGAN,  
March 2010

**Always say yes to women.  
IF THEY ASK YOU FOR  
SOMETHING JUST SAY YES.  
DON'T FIGHT ANYMORE.**

—BARON GEISLER, November 2010

**I'm a vampire. We don't age. But I  
don't want to look like this when I'm  
50. But I know I'm the type who will.**

—FRANCIS M., April 2001

**MAS  
NAKATATAWA  
KA KAPAG  
DI KA  
NAGPAPATAWA.  
NO ACTING,  
PLEASE.**

—EDGAR  
MORTIZ,  
September 2007

*There's always a bright  
side to everything.*

**I DON'T DWELL ON  
THINGS I CAN'T DO  
ANYTHING ABOUT.**

—JANNO GIBBS,  
January-February 2002

**It would keep  
the movie  
industry alive  
if we start  
going out of  
the islands.**

—ALBERT  
MARTINEZ, July 2004

**THE MORE YOU TRY TO BE FUNNY,  
the more people will know if  
it's pilit. It's a matter of being  
more interesting than funny.**

—SAM YG, February 2009

**I BELIEVE THERE  
SHOULD BE ANOTHER  
THING OTHER THAN  
ANNULMENT AND  
DIVORCE—**

**“tryeorce,”**

**WHERE COUPLES  
CAN WORK OUT  
THEIR MARITAL  
DIFFERENCES.**

—MARTIN NIEVERA,  
October 2001

**In everything you do, you  
have to start with good  
intentions. If you do,  
manalo ka, matalo ka, it  
doesn't matter.**

—CESAR MONTANO, September 2010

**SI PACQUIAO, YUN ANG  
TALAGANG MAGALING, YUN ANG  
IDOL NATIN. YUNG NAIPANALO NIYA  
NG ISANG LABAN LANG, PREMYO KO  
NANG 30 YEARS KONG NILARO.**

—EFREN BATA REYES, March 2010

**I'm very security-  
conscious. Some people  
reach for the alarm  
clock first thing in the  
morning; I reach for  
my gun, put my holster  
on, practice quick draw  
in front of the mirror,  
and then after I practice  
sa shooting range.**

—RAFFY TULFO, November 2010

**I'M NO PIOLO  
PASCUAL. I'M NO  
JOHN LLOYD CRUZ  
OR COCO MARTIN.**

**I'M MORE OF A GUY  
NA HINA-HIGH FIVE,  
KINAKAMAYAN.**

—LUIS MANZANO,  
September 2013

# MAHIRAP ANG MARAMING ASAWA AT MARAMING ANAK.

Ako naman eh isang kahig isang tuka rin, hindi naman ako lehitimong mayaman.

—DOLPHY, March 2010

**There are three types of chefs:**

ONE THAT'S BORN, ONE THAT'S MADE, AND ONE THAT IS NEITHER. FORTUNATELY OR UNFORTUNATELY, IF YOU'RE THE THIRD, YOU CAN JUST EAT FOOD.

—CHEF SAU DEL ROSARIO, May 2010

A team that passes the ball and keeps the game simple can easily win against a team that likes to pass the ball in the air.

—JAMES YOUNGHUSBAND, June 2007

SOME PEOPLE AUTOMATICALLY FEEL THREATENED BY ME OR MY PRESENCE FOR NO REASON AT ALL. THEY WILL EVEN SAY,

**BAKA PA-IMBESTIGADOR KITA.**

—MIKE ENRIQUEZ, March 2010

**ONE**

STUDY YOUR FACIAL EXPRESSION. TWO, BE MINDFUL OF THE KIND OF JOES YOU'RE GOING TO DELIVER. THREE, LOOK SERIOUS WHEN PEOPLE LAUGH AT YOU. DO ALL THREE AND YOU'LL BE FUNNY.

—JOEY MARQUEZ, July 2007

WHEN I PRAISE OR DISS A PARTICULAR ALBUM, THAT'S A COMPLIMENT. THAT MEANS IT MOVED ME. MUSIC SHOULD AFFECT YOU IN A POSITIVE OR NEGATIVE WAY.

—IGAN D' BAYAN, August 2006

Did you know that the statistical probability of reaching the top is around five to ten percent? **Did you also know that there's always one death out of six on Everest?** If I focus on the ranking, baka madale ako.

—ROMY GARDUCE, SEPTEMBER 2006

**BEING NERVOUS IS A HEALTHY FEELING. AT LEAST YOU DON'T END UP BEING TOO COCKY OR ARROGANT WHEN YOU SPEAK IN PUBLIC.**

—CHIZ ESCUDERO, September 2010

THERE WAS A TIME I'D GO TO GREENHILLS AND SPEND P10,000 ON TOYS UNTIL I FINALLY SAID TO MYSELF, "I HAVE A FAMILY. THIS IS OBSCENE!" MY DAD ONCE SAID TO ME, "WHY DON'T YOU JUST TAKE DRUGS, IT'S CHEAPER."

—PAPADOM, OCTOBER 2004

**I DEAL WITH PRESSURE BY FIRST ACKNOWLEDGING THAT IT'S THERE. IF YOU WELCOME AND EMBRACE PRESSURE, IT BECOMES LESS SCARY.**

—CHOT REYES, April 2005

PAANO KA GAGALING KUNG NANGHAHARANG KA LANG PARATI? GAGALING KA LANG KAPAG NILABANAN MO YUNG MAGAGALING.

—RONNIE ALCANO, January 2007

Isa lang ang Tito, Vic, and Joey. It's the same thing with Dolfy. Walang kapares yun.

—VIC SOTTO, March 2005

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CHARLES  
BUENCONSEJO

FHM  
XV

# The Heroes of the day

*like them*

YOU *can* CHOOSE *to be* ONE  
WHOEVER YOU ARE,  
WHATEVER YOU DO

# Lav Diaz, 56

Filmmaker

## My cinema is not fuckin' for sale, man.

Early on the lines had been drawn with independent film director Lav Diaz: the conversation would flow freely; if we wanted his strong coffee and the bananas on the table that may or may not have been laced with cannabis (as he joked they were) we were free to enjoy them; we could sink into any available space in his two-room flat cramped with film equipment on the floor and books on the wall and let the day languidly draw itself out. We could strum his guitar. We could do all that. But he would not be entertaining any bullshit and would say what he wanted.

That was fine. We had no use for it anyway. We could serve him gold-plated bullshit and it wouldn't work. Because he doesn't sell his films, we can't buy the mall cinema tickets. Because we can't buy the tickets, we haven't seen any of the films that have won him international prizes and critical acclaim. It was safe to say that *FHM* spoke for the rest of the country whose last trip to see what stood for Pinoy cinema most likely was to see *My Big Bossing* and *The Amazing Praybeyt Benjamin* at last year's Metro Manila Film Festival. So when we told him right off we hadn't seen any of his films, there was no need to apologize. It was fact.

The ignorance freed us, in a very big way, to abandon all pretenses that would have led us to deep intellectual discourses on art, cinema, aesthetics, the full fart, and just ask the man what you or I would be thinking as we're about to sit and watch his cinema.

## How in hell do you sit for 11 hours to watch a film?

We are talking in particular of his half-a-day masterpiece *Evolution of the Filipino Family*. By Diaz's count, it took him 11 years to shoot the film. Eleven hours of cinema in this case is a tightly

edited Lav Diaz film. It's about—and this is his words, not ours, since we have not seen one second of the eleven years in *Evolution*—a family “*nung* Martial Law, *kung* paano sila nabuhay within this very, very oppressive system.”

## Hindi naman mahaba ang pelikula ko. Malaya siya. Wala siya sa confines ng convention. We're so used to watching two hours so akala natin yun na ang cinema.

*Yung mga two-hour, one-and-a-half-hour cinema na napapanood at nakagawian natin, marketing yun. Ang motibo niyan profit. Marami nga diyan nakakapanood ng mga marathon na series. We'll have to reorient our masses na manood ng malaya. Hindi agad-agad yun. Culture yun e. Kahit na limang tao lang ang nanunood sa akin ngayon, I don't care. Naniniwala ako sa cinema ko. It's for culture, it's not for profit. Ten years from now baka ma-discover ni Pedro, then it's good. Nandiyan lang ang cinema ko, di ko binebenta yan, hindi ako kumikita sa cinema ko.”*

He has a point. We drain torrent of seasons upon seasons of serial TV and can sit through them for hours on end; Lav Diaz demands the same thing in a relatively shorter amount of time. So what's keeping us from sitting it out with him? You say,

## It's self-indulgent cinema.

It's not television. Do you really need to take that long to tell a story in moving images? He says,

## Ignorance.

“*Paano naging self-indulgence ang greater aesthetics? It's about culture, it's about philosophy, it's about poetry. Paano naging self-indulgence yun? Tingnan nila yung pinapanood nila, niloloko sila for two hours. Bossing panonoorin mo, yung Shake Rattle and Roll—may binigay ba sa kultura natin yan?*”

This is where Diaz draws the line further. In the pursuit of his vision, he has practically given up on the mainstream.

“*Gumawa ako ng four films sa Regal, late '90s hanggang sa early '00s: Serafin Geronimo: Kriminal ng Barrio Concepcion, Burger Boys, Hubad sa Ilalim ng Buwan, Hesús Rebolusyonaryo. They're acclaimed, but hindi sila aesthetically fulfilling. Nagkaroon ako ng ilusyon—delusyon—na pwede akong mag-create ng aesthetic space within the mainstream, pero hindi eh. It's a fuckin' illusion, hindi mangyayari. Bibigyan ka nila nang kaunti but it's their call, it's their game. After four films, I was done.*”

## If you don't make money off your films, and it's all you do, how do you live?

“*May mga grants naman. Lalo ngayon, dahil napapanood na [ang mga pelikula ko] sa ibang bansa, napapanood na rin dito [the University of the Philippines, at the time of the interview]. May mga philanthropists who give me a little money to survive. Kung wala talaga, may mga kaibigan ring akong nauutangan. Pahiram naman ng P100,000 para maka-shoot. Tapos babayaran ko pagkatapos. Kumikita naman paunti-unti sa mga museum at mga gallery ang pelikula ko. Every year kinukuha sila so may pambili na ko ng talbos ng kamote—vegetarian ako, so okay na yun.*”

## 'Kung gusto kong kumita ang dali, eh di sana naka-Mercedes na 'ko ngayon, di sana tayo nag-uusap ngayon, may lima akong babae sana ngayon.'





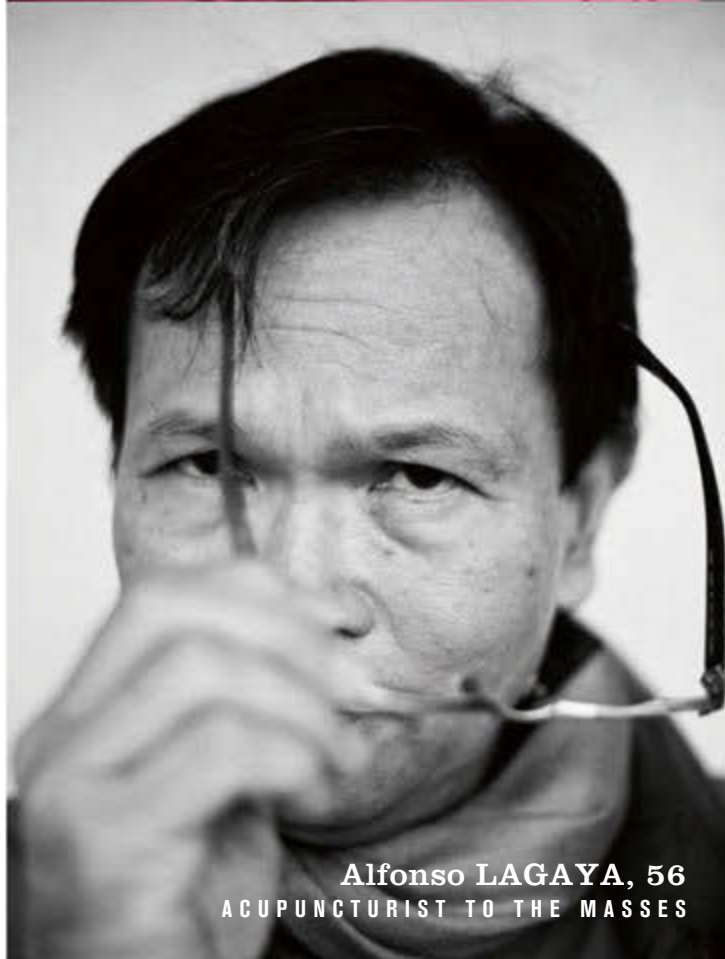
**Brian MCCLELLAND, 31**  
BAMBOO BIKE BUILDER



**Vanessa MARQUEZ-NICOLAS, 28**  
CULTURAL WORKER



**Dan GAFFUD, 30**  
INDEPENDENT BOOKSTORE OWNER



**Alfonso LAGAYA, 56**  
ACUPUNCTURIST TO THE MASSES



**Joel BALTAZAR, 29**  
SEARCH AND RESCUE, VOLANDA VOLUNTEER

PHOTOGRAPHY: PAUL MONDOK (MCELLAND, GAFFUD, LAGAYA), CHARLES BUENCONSEJO (MARQUEZ-NICOLAS, BALTAZAR)



# Marc Pingris, 33

*Basketball player*

## 'Alam kong di ko naman talaga talent ang basketball.'

Jean Marc Pingris, Jr. downplays his worth—in *tsinelas* and neatly-worn pambahay, sitting *de kwatro* on his couch, sprain/support bandages taped around his fingers—within earshot of his six-year-old.

His son, the crew, and you may feel like it's a white lie he tells people to be modest. But Pingris says of his *larong kalye* days: "Naalala ko dati, pinasahan ako ng bola ng kakampi ko—hindi ako marunong sumalo kaya tinamaan ako sa mukha. Umuwi ako nang dumudugo ang ilong."

"Sabi ng nanay ko, nakipag-away ka na naman ba? 'Hindi ma, naglaro ako ng basketball.' Ang kinahihilingan ko kasi dati, soccer at takbo. Then yung best friend ko tinuruan ako maglaro kasi sabi niya may height ka naman—mabilis ka, malaki ka. So bakit hindi ka maglaro ng basketball?"

"Sabi ng kuya at nanay ko, huwag na raw akong maglaro ng basketball kasi wala naman akong mapapala. Siguro ginamit ko lang din yun para ipakita din sa kanila na kaya ko. Kaya tiniyaga kong matuto."

"Tiyaga." The man is no stranger to it.

## His childhood is the stuff of teleseryes. Marc Pingris—former palengke man from Pangasinan.

You've seen it on television. They film the six-foot six Grand Slam champion in an apron, slicing melons in the local market to retrace, and "re-enact" the now (reportedly) maximum salary-raking baller's *pobre* roots. We ask if the constant retelling and answering of questions about his struggles in Pangasinan annoy or tire him.

"Hindi ako napapagod kasi hindi ko naman siya i-kinahihiya. Mas proud nga ako 'pag kinukuwento yung story ko—na nanggaling ako sa pagtitinda dati ng pakwan at mga prutas, at kumukuha lang kami ng kandila sa sementeryo dati para pang ilaw sa bahay."

"Alam ko kasing may mga taong gagaya kong nangangarap. So gusto kong i-share yung story ko. Kumbaga, gusto kong makatulong yung storya ko na kahit ganun yung buhay mo, siguro kung gusto mo din mangarap, kailangan talaga paghirapan mo."

Being *matiyaga* doesn't mean he isn't a sore loser. Or free from *bisyo*. And occasionally punches people on court. But let's talk about not losing first.

"Pag umaalis ako ng bahay, papunta pa lang sa practice, iniisip ko nang gusto kong manalo sa practice. Kasi 'pag nasanay mo yung sarili mong ganun, madadala mo sa game yun."

## He doesn't like losing in the small things.

"Saana ko pa ayaw matalo bukod sa basketball? Sa DOTA. Ha ha ha! Yun yung pang-relax ko sa mga barkada—pero ayaw na ayaw ko ring matalo. Kapag nag-do-DOTA kami nina JuneMar (Fajardo), nina Jun (Cabatu) tapos natatalo—naaasar kami. Katuwaan lang pero 'pag natalo ka, talagang maasar ka eh."

Punching people. Some people call it "lumalaki na kasi ulo"; others say there's a difference between being *mabait* and not being a pushover. Pingris says he's just human.

"Minsan kasi pag sinaktan yung kasamahan mo, mag-re-act ka lang. Pero ayaw ko na rin kasing napapanood ng mga bata. Si Mik, tatawag sa akin. 'Dad, why did you punch that guy?' Pinagsisihan ko rin kasi ayaw kong gayahin ng mga bata."

*Bisyo*. He isn't free of it. But it's hard juggling *yosi* and running after the ball. "Yosi, oo, nag-yo-yosi talaga ako. High school pa lang. Hindi ko rin akalaing matatanggal ko yun. Pero pagdating ko dito sa Maynila, tinanggal ko, dahan-dahan, kasi mas mahirap tanggalin ang yosi sa alak. So inunti-unti ko talaga, kasi ang hirap din 'pag nag-yo-yosi ka at tumatakbo ka. Kasi yung isang kaha sa isang araw, mahirap sa baga mo 'pag nag-jo-jogging, so unti-unti ko yung tinatanggal din."

Which makes winning in bigger things, well, bigger. His grand slam championships, for example. And stint in Team Gilas Pilipinas.

"Hindi ako makapili kung alin ang mas matimbang pero baka mas lamang yung Gilas—dahil itong grand slam, matagal na kaming nagsama-sama nito ng mga player, ng teammates ko. Pero kasi yung Gilas, konting panahon lang yung pagsasama namin... saka iba talaga yung kalaban namin dun, mas malalaki."

"Napapanood ko lang sa TV dati sa NBA, tapos ngayon makakalaban ko na. Ang hirap din ng laro dun kasi every day may laro. Hindi tulad sa PBA na may ilang days kang pahinga. Mahirap dahil malayo rin sa pamilya, minsan maluluha kang gusto mo nang makita ang mga bata, asawa mo. Pero sakripisyo talaga yan. Kahit sakit ng katawan talagang kailangan mong ma-practice."

## What Marc Pingris is really preaching: Everything is hard before it's easy.



**Norman WILWAYCO, 42**  
NOVELIST, INDEPENDENT BOOK PUBLISHER



PHOTOGRAPHY: CHARLES BUENCONSEJO

**Egai FERNANDEZ, 60**  
SOCIAL REALIST ARTIST

# Mae Paner aka Juana Change, 51

*Activist. Social Satirist*

**'Marami akong trolls sa social media—yung kung makatira sa personal na aspeto, wagas.'**

You'd think that after over two decades of political activism, jailtime in 1984 for being anti-Martial law, and taking to the streets in the '80s—these days would be relatively easier for Mae Paner, aka the socio-political bullshit-caller, pasaway- and epal-police Juana Change

But, well, people have gotten meaner: "Andiyan yung titirahin ako sa personal at sasabihin nilang baboy ako, butas butas mukha ko, pangit ako"—and no less violent: "I've been hurt physically, sa isang rally, only because I was too convincing. I was impersonating GMA, tapos sabi ko 'mga gago kayo wala na kayong pagbabago!' Tapos there was a lady, nagalit, sabi 'Hoy kaya namin magbago.' Binato ako ng sapatos. Masakit.

Half of the trolling and hate, she doesn't mind though: "Okay lang sakin na punahin nila yung pisikal at personal, kung magagawa ding talakayin yung issue. Kumbaga kung ang pag-uusapan natin sa diskusyon ay gusto kong bumaba na si Purisima sa pwesto at ikaw feeling mo dapat patapusin ko siya, pag-usapan natin bakit ganun yung pananaw mo, bakit ganito yung akin. Gusto ko ng ganung pang-aatake. Hindi yung sasabihin mo, 'Pangit ka! Tumahimik ka!' Ano yun?"

**For the record, Juana Change was one of the first Pinoy YouTube sensations. Mae Paner had 'likers' before she had haters.**

"Hindi ko rin in-expect, back in 2008, when we uploaded our first YouTube videos, na magiging ganun yung impact niya. In fact, we were surprised with the amount of hits and the kind of reactions that we got. Kasi we got a lot of attention not only from people in social media, but also from people in traditional media both here and abroad.

"I've been an activist since 1983, but the main difference with Juana Change is we're able to utilize social media presently. Because these things weren't available to us back in the '80s—YouTube, Twitter, Facebook, Instagram. All of these social platforms really changed the plane in terms of protest."

That isn't to say she approves of online activism of all forms:

**'Slacktivism? Oo naman inis ako. Yung maka-like lang, aktibista na.'**

"Kasi hindi naman nababago ng pag-la-like sa Facebook ang problema ng lipunan. Merong silbi ang social media, pero hindi yun sapat para makapagsulong ng pagbabago.

"I guess mas gusto ko yung mga enlightened na taong bayan, yung mga lumalaban for true reform, and sadly, they're not the ones in power. Andiyan yung mga nagsusumbong sa social media. Those who are doing all sorts of initiatives like, for example, the signature campaign to abolish the pork barrel system. They're my real heroes. Mga taong hindi naman nasa pwesto o masasabi mong mataas ang pinag-aralan, pero nasa tamang wisyo. Their heart is in the right place, kritikal sila mag isip. They're out of their comfort zones. Tumataya sila para sa tunay na pagbabago."

We ask if it ever gets tiring, to care on a national scope. If she has an off switch for guardianship and responsibility. If she considered focusing on just being Mae Paner, instead of everybody else's problems. On both counts, as Mae Paner and Juana Change, it's political, but it's also personal:

**'What is personal is political. Wala namang personal na decision na walang higher power na hindi nakikialam sayo di ba?'**





**Francis BUHION, 41**  
VOLUNTEER FIREMAN



**Ricky LUMAGBAS, 45**  
SECURITY GUARD



**Arsenia GUTIERREZ, 53**  
SINGLE MOM



**Nathaniel CRUZ, 55**  
METEOROLOGIST



**Carlos CELDRAN, 43**  
TOURGUIDE



# Donnie Nietes, 32

Boxer

**The first time the current WBO Light Flyweight Champion got punched in the face, he says, was in kindergarten.**

A five-year-old getting involved in a fist fight, is too early, we think. Donnie “Ahas” Nietes could just be saying this to effect *angas* or *yabang*. But the man doesn’t send out even a sliver of either characteristic. Donnie is too earnest, too mild-mannered, probably even too shy for that.

He can’t recount details of the scuffle completely, but what he knows is, “*Sobrang bata ko pa. Kinder yun. Naglalaro kami ng—ewan ko kung ano’ng tawag sa Tagalog, pero sa bisaya, tak-si—yung binabato yung pera. Nagkainitan, nagkapikunan, tapos nagsuntukan kami. Pero talo talaga ako kasi malilit ako tapos malaki yung kalaban ko. Iyak na lang ako nang iyak.*”

To be fair, that was 32 yeas ago.

But if we we’re being completely honest, the man from Murcia, Negros Occidental, today, stands at 5 foot 3 inches. You can argue, that’s still relatively “small,” and that you’re likely taller, much taller.

**Inside the ring Donnie is bigger, so much bigger.**

To date, Donnie’s professional fight stats lists 34 wins (20 of them by knockout), 4 draws, and a single loss out of 39 fights total. He’s held the WBO Light Flyweight title for 7 years—long enough to break the record the late World Boxing Hall of Famer Gabriel “the Flash” Elorde, previously held. Not mentioning, the many plaudits and reviews spectators and fight analysts are putting out there when they call him “the Next Pacquiao.”

Donnie isn’t fazed. At least not where the need to stay grounded and not forgetting where you came from is concerned. “*Hindi ko naisip sa sarili ko na ako yung next Pacquiao. Kasi hindi ko rin inaasahan na umabot dito. Hindi ko rin inaasahan na malalagpasan ko yung record ni Elorde. Hindi naman ako na pe-pressure kasi sa akin lang, bawat laban talagang paghandaan ko lang.*”

**You don’t get to hold a WBO championship title that long and have flaky mental discipline. As far as mental discipline goes, Donnie is a rock.**

But it’s clear that the sport is not without its toll. He strains to hear what the crew is talking about, asks us to repeat questions louder and to please move to his right side when we do the interview so he can hear us with his better ear. His left ear isn’t doing as good.

“*Medyo hirap na ito makarinig nung tinamaan sa open-glove sparring. Training lang pero napalakas,*” he says, like the permanent damage was merely part of the job. He has been putting off medical remedy for a while. “*Matagal na rin ito, siguro mga three or four years. Pwede ko naman ipaayos, pero naisip ko hindi na lang kasi pag umulit, ipapaayos mo rin.*”

It’s not so much personal neglect than it is a solid blue-collar ethic.

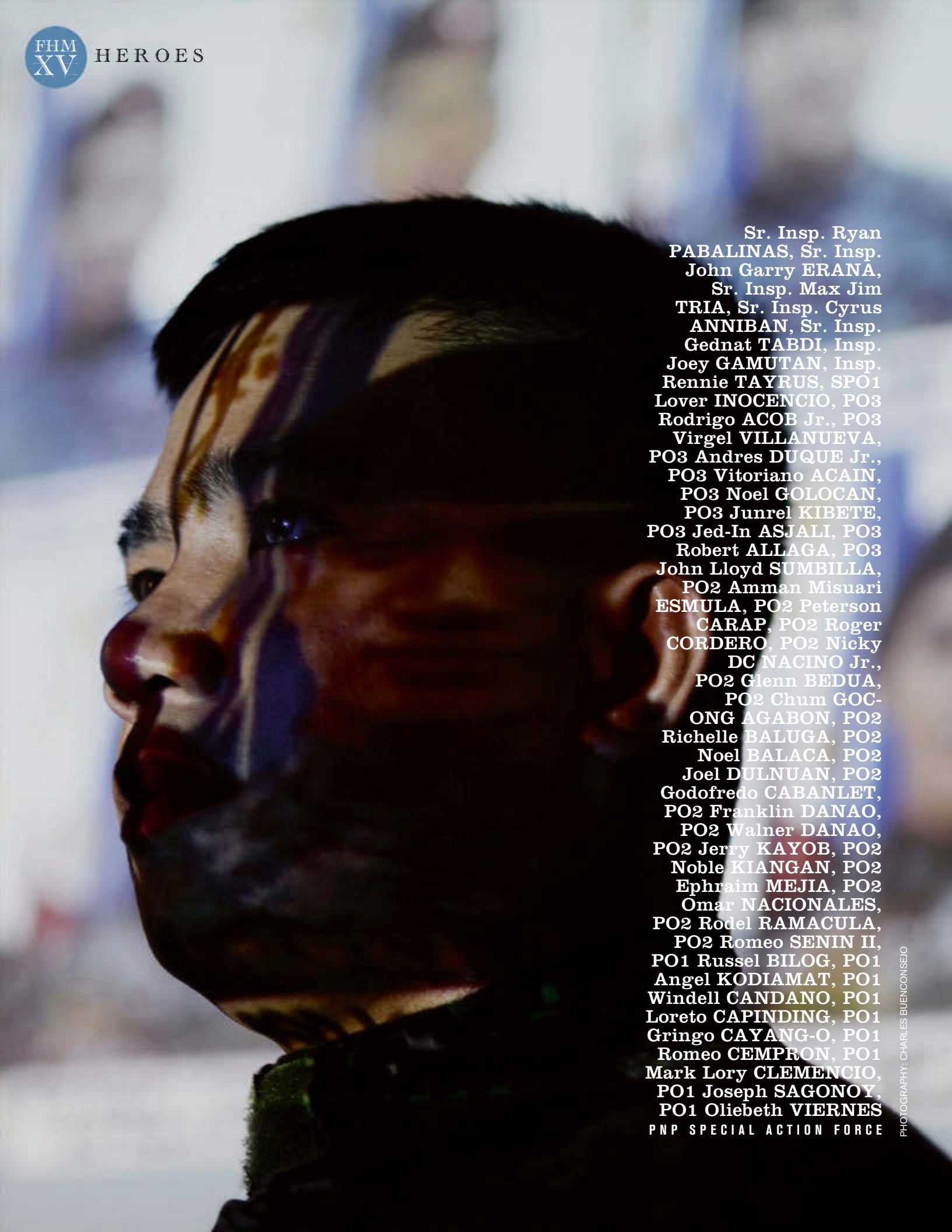
**True workhorses plod on, ignoring discomfort. And Donnie doesn’t mince words recalling his working-man roots: he was a janitor at the gym that gave him a chance at boxing greatness.**

“*Nung janitor ako, bukod sa paglinis ng gym, ako rin ang nag-aalaga ng ahas ng manager ko. Kaya nung nakitaan nila na mahilig ako sa boxing, tinulungan nila ak sa training, until nag-stop na ako ng pag-janitor at nag-focus ako sa boxing. Yung first fight ko, dinala ko yung una kong inalagaang ahas na Philippine Python sa ibabaw ng ring. Kaya nila ako tinatawag na ‘ahas.’*”

He drinks a mug of *salabat*, and shows us from his smartphone a couple of pictures from a late night TV guesting where he and two other fellow ALA boxers took the stage to showcase their other talents. “*Yung kinanta ko, ‘Ako’y Sayo, Ikaw Ay Akin Lamang.’ Masaya naman, relaxed lang.*” This from the man who doesn’t need to prove anything.



**Dan MATUTINA, 32**  
ARTIST, SOCIAL DESIGN ADVOCATE



Sr. Insp. Ryan  
 PABALINAS, Sr. Insp.  
 John Garry ERANA,  
 Sr. Insp. Max Jim  
 TRIA, Sr. Insp. Cyrus  
 ANNIBAN, Sr. Insp.  
 Gednat TABDI, Insp.  
 Joey GAMUTAN, Insp.  
 Rennie TAYRUS, SPO1  
 Lover INOCENCIO, PO3  
 Rodrigo ACOB Jr., PO3  
 Virgel VILLANUEVA,  
 PO3 Andres DUQUE Jr.,  
 PO3 Vitoriano ACAIN,  
 PO3 Noel GOLOCAN,  
 PO3 Junrel KIBETE,  
 PO3 Jed-In ASJALI, PO3  
 Robert ALLAGA, PO3  
 John Lloyd SUMBILLA,  
 PO2 Amman Misuari  
 ESMULA, PO2 Peterson  
 CARAP, PO2 Roger  
 CORDERO, PO2 Nicky  
 DC NACINO Jr.,  
 PO2 Glenn BEDUA,  
 PO2 Chum GOC-  
 ONG AGABON, PO2  
 Richelle BALUGA, PO2  
 Noel BALACA, PO2  
 Joel DULNUAN, PO2  
 Godofredo CABANLET,  
 PO2 Franklin DANAQ,  
 PO2 Walner DANAQ,  
 PO2 Jerry KAYOB, PO2  
 Noble KIANGAN, PO2  
 Ephraim MEJIA, PO2  
 Omar NACIONALES,  
 PO2 Rodol RAMACULA,  
 PO2 Romeo SENIN II,  
 PO1 Russel BILOG, PO1  
 Angel KODIAMAT, PO1  
 Windell CANDANO, PO1  
 Loreto CAPINDING, PO1  
 Gringo CAYANG-O, PO1  
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## E N D N O T E

These are Polaroids of the earliest *FHM* shoots. You can imagine we had thousands of them on file, before we went completely digital in July 2005, with Ara Mina on the cover for the first time.

We only managed to keep some of them in storage, suprisingly well-preserved. They shaved years off the faces of those of us who've worked in this rag since day one, and gave a good laugh to the young guns who'd just joined the team the past couple of years, listening to the back stories behind the pictures.

There was a time no shoot ever took place without first taking Polaroids.

What happened was, the photographer would take a test shot of the model on Polaroids to rehearse her on the pose he wanted. He would click, pull out the film from the camera, shake it vigorously to expose the film, and check if he got his shot. If he did, he would switch to his other camera and shoot.

Of course, he never got what he wanted—the Polaroids were only good for the last shot. When he took the real shots, he was working on instinct; there was no way to see if the final shots were any good because everything was on film. There were no digital viewers behind the cameras.

It wasn't guess work. It was good work.—Allan P. Hernandez

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